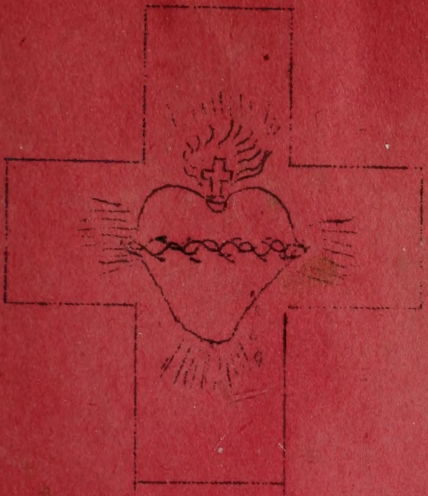
ᐢᐳᐦᐨ ᐅᐦᒐᑯ+



ᐊᐸ ᒣᑕᐣ ᐃᔕᑲᑎᒪᐱ ᑯᐣᑭᑎᐸᐢᐱ
ᑯᑕᒪᓂᐣᑎᐟ ᑲᐦᑭᒍᐦᑲᓀ ᐃᓀᐃᒪᒍᐦᒐ
ᑲᓀᐧᓴ ᑯᐨ

ᐊᐸ ᒣᑕᐣ ᐃᔕᑲᑎᒪᐱ ᑯᐣᑭᑎᐸᐢᐱ
ᑰᑕᒣᑭᒥᓴ ᓀᑎᑖᐱ× ᑯᑎᓴ
ᒪᐦᑯᐦᑲᓀᐧᑰᐊᐧᑐᐦᓴ ᑲᓀ ᐅᑲᐱᔅ
ᑫ ᑲᓀᐧᓱᐣᑖᐳᒣᐃᑕ ᑭᓱᔅ ᑫ
ᒪᐦᑯᐦᑲᓀᑖᐱᐊᐧᑐᐦᓴ ᑭᑖᑎᒎᐃᑳᐳ
ᒪᐦᑯᑕᒣᑖᐳᐦᓴ ᒍᒍᐊ ᐢᐳᐦᐨ ᔦ
ᒪᐦ×ᑖ ᐁᑕᐳᐦᓴ ᐅᒪᐦᑯᐦᐸᒍᐁᑎ
ᐃᑲᒪᓂᐣᑎᐅᐱ

+ Blackfoot Prayers.

Morning Prayer – ᑌᑕᐊᐧᒋᒧᐃᑲᐅᐱ ᑌᐳᐊᐅᑭ

Lesson – ᐱᒋᐁᐳᑲᑭᑌᑭ ᑯᑕᒪᑐᐊᐯᐨᓯᓇᐢᓯ- ᑫ
ᑯᐨᑭᒋᐸᐢᐱ ᑯᑕᒧᐢᑯᒋᐨ ᐊᐱᐨᑐᑐᑭ = ᑫᑌᑲᓭ ᑌᐳᐊ´
ᑫ ᐁᐧᓯᐨᑌᓴᐱᐨᑯᐢᓯᑌᑭ ᐅᐱᐨᑐᐧᓯᓴᓇᐱ-. ᑫ ᐁᑌ
ᐊᑌᐨᑕᒋᒧᐃᑲ´

Prayer – + ᐅᑌᒪ ᑫ ᐅᐢᑯᐃᒪ ᑫ ᓇᑐᐅᑕ`
ᐅᒋᑌᑲᓯᐢ ᐃᑲᒪᑌᐨᒋᐅᐱ
ᐊᓴ ᑌᓇ ᐊᐱᐨᑐᑐᑭ ᑭᒣᐅᑭᐨᑲᐁᑕᐱ ᐅᑌᒪ
ᑫ ᐅᐢᑯᐃᒪ ᑫ ᓇᑐᐅᑕ` ᑫ ᑭᒐᒥᑐˣᑲᐢ
ᐊᐱᐨᑐᑐᑭ ᑭᒋᒣᐃᑐ ᑭᒣᑕᐱᓭ ᐊᓇᒪ =
ᑭᑐᐢᑲᑌᑖᐱ ᑭᑕᐁᓇᑭ ᑫ ᑭᑕᓴᐢᑐᑭ = ᐊᓇᐢ`
ᑌᒪᑌᐳᐊ ᑭᒋᑲᑐᓵᒧ ᑫ ᑭᑐᐱᐨᑐᐧᓯᓴᓇᐸᑐ
ᑲᐢᑲᐊᐧᒋᒧᐃᑲᒧᐢᓭ = ᑭᒋᐧᓭᐧᓯᒪᒋᒧ ᑭᒋᑌᐨᑭᐨᑲᒧᑭᓭ
ᐊᓇᐢ- ᑯᑯ+ ᑫ ᑭᒋᑐᐢᑯᑭᓭ ᓇᐢᑲᑕᐢᓴᐯᓇᑯᒋᓭ =
ᑫᑌᑲᓭ· ᑭᒍᑕᒧᐢᑯᑐ ᓇᐨᑭᒋᐸᐢᐱ ᑌᒋᒋᐢᑕ) ᑫ
ᑌᒋᐳ ᐅᐢᓗ) ᑫ ᑌᑕᐯᐃᑕᐱᐃᓯᔕ ᑫ ᑭᑕᓭᑯᑲᒪᑌᐨᑐ
ᑲᐢᐨᐳᒧᑭᓭ ᓇᐢᐨᑕᐁᐸᐢᒐᐱᓯᓭ ᐊᓇᐢ- ᐨᓯᐨᒋᑯ+ =
ᑌᒪᒣᑯᒐᐱᐨᐸ = ᓇᐢ-ᑯ ᑲᐯᐨᑭᐨᑲᒧᑭ´ ᑫ
ᑌᑐᐢᑲᑌᐧᓯᐨᒋᑯᒥᓯ) ᓇᑯᐢᑲᑌᐅᑲᒧᒋᒋᐢᑕᒍᑭ-
ᓇᑯᐢᑲᑌᑕᐱᐊᐧᑐᐢᓭ ᑭᑐᑲᑭᒋᒪᑌᔕ ᑫ ᓇᑯᑕᒣᑐᑐᐢᓭ
ᑯᑯᐊ ᐨᐳᐢ- = ᐊᓴ ᓇᑐᓭ ᒣᐯ ᐊᓴ ᑌᑕᑐᓭᑕᐱᑦ
ᐊᐊᐧᒋᒧᐃᑲᐢᑐᒧᑭ` ᓇᐢᑭᑕᐢᓭᐧᓯᐨᒋᑯᒥᓭ =

Our Father – ᑭᓇ) ᐨᐳᐢ- ᑭᒣᑖᐱ
ᒪᐢᑯᐢᑲᑌᐊᑐᓵᒋᓯᓭ ᑭᒋᑌᑲᓯᐢ = ᑲᐢᑫᑕᐱᐊᐧᑐᐢᓭ

(2) ᑲᓃ ᐅᐢᑭᒋᐸᐠᐱᔕ = ᑲᓂᐢᑐᐠᑐ ᑯ ᓀᐳᐠ- ᐁᓃ
ᑳᐠᑲᓂᐢᑐᐠᑐᑯᐠᓴ ᐊᓇᒪ ᐧᓵᐠᑯᒐ = ᑯᑭᓇᐣ ᓇᑯᐠᑌᓴᓚᐱᐃᐱᓇᐣ
ᐊᓇᐠᐧ ᐧᔦᐢᒋᑯ+ ᑫ ᑲᓃ ᐧᔦᐢᒋᑯᔕ =
ᓇᓂᐢᑌᓴᓇᓗᐘᐠᐱᓇᐣ ᓂᒋᑭᒪᒋᐢᑐᑐᑭᓇᓂˣ ᐁᓃ
ᑳᐠᑲᓂᐢᑌᓴᓇᓗᑭᔦᓇᐣ ᓂᐸᐠᒐᐱᔦᓇᓂᔕ =
ᓇᐠᑲᓭᑯᓗᑭᓇᐣ ᓇᐢᓚᐁᐸᐠᒐᐱᔦᓇᐣ =
ᒣᐢᓛᐱᐧᔦᐢᓚᒧᑭᓇᐣ ᒪᑲᐱ = ᐃᑲᒪᓂᐢᒋᐅᐱ

Hail Mary = ᑭᑌᐢᔦᒪᒋᒧ ᒣᐯ = ᑯᐢᑭᒋᐸᐠᐱ
ᐃᑐᐠᑐᐃᒋ ᓇᑐᐊᑯᒥᒧᒋᔦ) = ᐊᐱᐢᑐᑐᑭ
ᑭᑐᐠᐳᑲᐱᓗᐧ = ᑲᓃᐊᑫˣ ᑭᑐᐠᑲᓃᐅᒋ-ᑭᒧᑯ ᑫ
ᒉᑰᐢ ᑯᐠᑯ+ ᒪᑐᐠᑲᓃᐅᒋ-ᑭᒪ = ᐊᓭ ᓇᑐᔦ ᒣᐯ
ᐊᐱᐢᑐᑐᑭ ᑭᑐᐧᔦᐢᒋᒧᐧ ᐊᐘᒋᒧᐃᑳᐠᑐᒧᑭᓇᐣ
ᓂᐸᐠᒣᓚᐱᐃᐱᓇᐣ ᐊᓇᐠᐧ ᑫ ᐊᓴᐢᓴᓂᓇᓂᑭ.

The Apostles Creed ᐃᑲᒪᓂᐢᒋᐅᐱ
(ᒪᑐᒧᒪᐠᑲᑐᓴᐯᑳˣ ᐅᑐᒣᐃᓚᑭᑰᐊᐧ)

ᓃᒋᒣᐃᑐᐊ ᐊᐱᐢᑐᑐᑭ ᐅᓂᒪ ᐃᑯᑐᐠᑲᓃᐊᐯᐢᑐᓚᑭ
ᐃᒋᐱᑲᐯᐢᑐᒋᑦ ᓀᐳᐠ- ᑫ ᐧᓵᐠᑯᑦ = ᓃᒋᐧᒣᐃᑐᐊ
ᒉᑰᐢ ᐧᓴᐃᐢᐢ (Jesus-Christ) ᐅᓂᒪ ᐅᓂᑐᐠᑯ+
ᑭᒋᑌᐃᒥᓇᐣ = ᐅᒋᐢᑐᒪᒍᐧ ᓇᑐᐅᓚᐧ ᑫ ᓇᑐᔦ ᒣᐯ
ᐅᒋᐱᐢᓴᐳᑲᐃᒪᐧ = ᐃᑐᐧᔦᐢᑐᑐᐊ ᐳᔦᐃᐅᔦᐸᐃᑌ
(Pontius Pilate) ᐅᒋᒋᑌᐃᐱ = ᐊᐍᐃᐢᓚ ᐃᒋᐧᔦᐢᑐᓴ
ᐃᒉᓂ ᐃᓚᑭᒐ ᐃᒋᓚᐯᓂᒐ ᐃᑐᐠᑭᒪᐅᐱ =
ᐅᒧᐠᒉ ᐅᑭᐢᑲᐠᐱ ᐧᔦᐢᒋᑯ+ ᒪᒋᒋᐳᐊ ᐃ-ᐳᒧ
ᓂᑐᐠᒋᒋᓚᐸᐱᒥ ᐊᐱᐢᑐᑐᑭ ᐅᓂᒪ ᐃᑯᑐᐠᑲᓃᐊᐯᐢᑐᓚᑭ
= ᑫ ᐊᓴᑲᑐᑐ ᑫ ᐊᓴᑯᑲᑭᒋᒪᒋᐍˣ ᓵᑫᐁᓛᐱˣ
ᑫ ᐁᓂˣ = ᓃᒋᒣᐃᑐᐊ ᓇᑐᐅᓚᐧ = ᓃᒋᒣᐃᒋ

ᑲᑐᑕ· (Catholic) ᐊᐊ·ᒋᒧ ᐃᑲ) = ᒥᒋᒣᐃᒋ'
ᑕᑐᐊᐱᐣᐳᒧᒋᓯ) ᑫ ᑕᑐᐊᐯᓭᑕᒧᐦᓯ) =
ᒥᒋᒣᐃᑕᑭ ᐊᔭᑲᑐᐦᑲᒉᐃ-ᑫᑕᐱᐊ·ᒍᐱ
ᑫ ᐊᔭᑫᐣᑲᐦᓭᑖᐱᐅᐱ = ᐃᑲᒪᒥᐣᒋᐅᐱ =

The Commandments of God.

ᐊᐱᐣᑐᑐᑭ ᐅᑐᑲᑭᒋᒪᒥᐡ = 1) ᐊᐱᐣᑐᑐᑭ
ᒥᒋᑖᐱ ᑲᒉᐅᒋ-ᑲᑐᕙᒥᐣ = ᐱᒉ·ᓯᐣᑕᐸᑐᓴᑕᑭ'
2) ᐱᑌᑲᐯᒥᑲᒋᐣ ᐊᐱᐣᑐᑐᑭ = ᐱᑌᑲᐯᒥᑲᑐ-
ᑲᒉ ᐊᑐᐊᐱᐡ =
3) ᑕᑐᓴ·ᓯᐣᒋᒍᐡ ᐱᑌᐳᑕᑭ' = ᐁᑲᑭᒪ'
ᑲᐦ·ᒍ ᑲᐸᑐᓴ·ᓯᐣᒋᒍᒥᓭ =
4) ᑭᑕ ᑫ ᑭ·ᓯᐣᑕ ᑭᒥᔅ = ᑭᑕᔭᒍᐦᒣᔅᒣᐸᐁᑖᐱ
5) ᐱᒉᒥᑭ' ᒪᑕᐱ = ᐱᒉᑲˣᑕ' ᑲᐦ·ᓭᒥᑭᓭ =
6) ᐱᒉᔅ ᒥ·ᓯᑌᐣ ᑌᐦᑫᒋᐸ ᐅᑐᐦᑫᒪ) =
ᐱᒉᐸᐣᑲᑕᐱᓯ' =
7) ᐱᒉᑲᒧᔅᑐ' ᑌᐦᑫᒋᐸ ᐅᒋᑕᒥᐡ =
ᐱᒉᑕᑕᑐ' ᑲᒧᓯ) =
9) ᐱᑕᐊ·ᑯᒥᒋᐦᑕᒋᐣ ᑌᐦᑫᒋᐸ ᐅᑐᐦᑫᒪ) =
ᐱᒉᑲ·ᓭᐸᐣᑲᒋᒋᐦᑕ' =
8) ᐱᒉᓯᒥᒥᐣ ᒪᑕᐱ = ᐱᒉᔅᕙᐣᑯᐦᑐᐣ
ᑭᑐᐦᐳ·ᓭᑖᐱᐸ =
10) ᐱᒉ·ᓯᔅᒋᐊ·ᒋᐣ ᑭᑐᐦᐳ·ᓭᑖᐱᐸ =
ᐱᒉᑐᑐᓴᒋᐦᑕᑐ' ᐅᒋᑕᒥᐡ =

The Com^dts^ of the Church = ᐊᐊ·ᒋᒧ ᐃᑲ ᐅᑲᑭᒋᒪᒥᐡ =

1) ᑕᑐᓴ·ᓯᐣᒋᒍᐡ ᑫ ᑲᒉᐊᑐᐊᐱ·ᓯᐣᒋᒍᐡ
ᐣᑕᐳ' ᑕᑐᔭᐱᐅᕙᐣ ᑲᐦᒍᐦᔅᑲᒋᒧᐃᑲᒪᐦᓭ

4)+ ᓇᑐᔭᐯᑳᐤ ᐊᑐᐊᐱᑭ-ᓚᑭᕋ =

2) ᑳᐁᐊᐍᐃᐣᓚ ᐦᐱᐣᒋᑯᐢ ᐱᓇᐅᕙᐟ ᐁᐦᐱᓴᑯ =

ᒫᑐᑭᐊᐱᐦᐱᐣᒋᑯᐢ ᓇᑐᔭᐯᑳᐤ ᑭᓚᔭᑲᐣᓚᒪᒍᐠ

ᐁᕙᒋᒥᐣᓚᐱᐟ ᑫ ᐱᓇᒍᕙᐟ ᐁᐦᐱᓴᑯ =

3) ᐊᓂᐣᒋᐣᑐᕙᕋ ᓄᐢᕋᓇᐸᓂᐱᐟ ᑫᒪᐢᓴᒥᑐ᙮ᑲ

4) ᐁᐁ ᐊᓂᐣᑐ ᓇᑯᐨᐱᐟ ᑳᐁᐦᐱᐣᒋᑯᐢ

ᑲᐨᑯᐨᑐ ᑲᒍ ᓚᑐᐊᐱᐅᕙᕋ ᑳᐁᐅᑐᒪᐨᑲᑐᕙᐧᐱᐣᒋᑯᕋ =

5) ᑭᒋᓇᓂᐢ ᑲᐨᑯᐨᐅᓂᐣᑐᑐᐊᐧᐨᕋ ᓇᑐᔭᐯᑳᐤ

ᒪᐨᑯᐨᒣᐸᐁᓚᐱᐃᐱ

6) ᓂᓇ ᑫ ᐊᑫ ᒪᐨ᙮ᓚ ᐅᐨᐳᑭᐱᒍᒋᓴ

ᐁᑲᒥᑯᐦᑯᑯᐊᐧᒍᒋᓴ ᑫ ᐁᑲᒍᓄᐨᑯᕙᒋᒪ-ᑐᐨᑭᕋ

ᑳᐁ ᐅᑐᑐ ᒍᒪᐨᑲᑐᔭᐯᑳᐤ

An act of Faith ᐊᐨᑯᒣᐃᑐᐊᐧᐨᕋ ᐊᐱᐣᑐᑐᑭ

ᐊᐸ ᓂᓄ ᐊᐱᐣᑐᑐᑭ ᓂᒋᑯᒣᐃᒋ᙮ ᑭᑐᐨᑳᐁᐳᐅᐨᐱᐢ =

ᓂᒍᐳᑯᒣᐃᓚᑭ ᒪᓂᐣᑐᒣᐃᓚᑭᐱᐊ ᑭ ᓂᓚᐸᑐᔭᐯᑳᐧᒥ᙮

= ᒪᑐᐨᑯᒐᐊᐧ ᓂᐣᒋᐊᐧ- ᑭᒋᐳᐅᐨᐱᐤ = ᐃᑲᒪᓂᐣᒋᐅᐱ

An act of hope ᐊᐨᑲᐣᓚᑲᓚᐨᕋ ᐊᐱᐣᑐᑐᑭ

ᐊᐸ ᓂᓇ ᐊᐱᐣᑐᑐᑭ ᑭᒋᑲᐣᓚᑲᑐ = ᑭ ᑭᒪᐱᐱᒋᐤ

ᑫ ᒣᑯᐣᐦᓴᐃᐣᐟ (Jesus Christ) ᐅᑐᑯᐨᑯᕙ ᐱᐤ ᐁᐁ

ᑭᒍᐨᓚᐣᑲᑐ ᑲᐨ᙮ᐳᒍᑭᕋ ᓇᐨᑯᐨᑯᐅᐣᑭᐣᑲᒋᕋ

ᑭᑐᑲᑭᒋᒪᓂᐢ ᐊᓄᒪᐦᓴᐨᑯᐨ ᑫ ᓇᐨᑯᓚᒣᒋᐱᕋ

ᑯᑯᐊ ᐣᐳᐨ- = ᐃᑲᒪᓂᐣᒋᐅᐱ

An act of charity ᐊᐨᑲᑯᒥᒪᐨᕋ ᐊᐱᐣᑐᑐᑭ

ᐊᐸ ᓂᓇ ᐊᐱᐣᑐᑐᑭ ᑭᒋᑲᑯᒥᒪᓇᐱᐱ =

ᓄᐣᑭᒋᐸᐨᐱ ᑭᒍᐨᐅᑯᐳᑲᑯᒥᒍ = ᓇᓂᐣᐅᑭᒍᐨᐣᐱ

ᐁᐁ ᓇᓂᐣᐅᑭᒪ ᓂᑐᐨᐳᐦᕋᒫᐱᐨ = ᐦᐱᐣᑐᐊ

ᐩᓂᒧᐦᑕᑯᒥᒪ = ᐃᑲᒪᓂᐣᑎᐅᐱ

An act of Contrition - ᐊᐦᑯᐦᑯ ᓂᒧᐦᑐᓴ

ᐊᕙ ᓂᓇ ᐊᐱᐣᑐᑐᑭ ᓂᑎᑯᐦᑐᐦᑯᑌᑕᑭ
ᑭᒧᐦᑐᐧᔨᐣᑐᑐᐦᓴ ᓂᐸᐦᒐᐱᔨᔕ = ᑭᑎᑲᑯᒥᒪᓇᐱᔨ
ᐁᐁ ᓂᒧᐦᑐᐦᑯᓂᒧᐦᓴ = ᓇᐦᐧᓴ ᓇᒧᑭᐟ =
ᓂᑕᔭᑯᐦᑐᑯᐦᑯᔭᒍᐦᔨ ᑫ ᑭᑕᑐᓴᐣᐳᒥᑕ)
ᓂᑕᔭᑯᐦᐯ ᑲᑭᒪ ᓇᐦᕽᑕᐊᒣᐸᐦᒐᐱᔨᓴ = ᐃᑲᒪᓂᐣᑎᐅᐱ

The "Glory be to the Father..

ᐊᐦᑯᐦᑲᑌᐅᑎ-ᑲᑐᕓᒪᐦᓴ ·ᐊᐱᐣᑐᑐᑭ ᐅᓂᒪ ᑫ
ᐅᐦᑯᕓᒪ ᑫ ᓇᑐᐅᑕᐠ = ᐊᑯᐦᑎᐠ ᒪᓂᐣᑐᑎ-ᑲᑐᕓᒪᐦᐱ
ᐁᐁ ᐊᐦᑫᐣᑲᐦᓴ ᐊᓂᐣᑕᑐᕓᒪᐦᓴ ᐊᓄᐦᐠ ᑫ
ᐊᑯᐅᐦᑎᐠ = ᐃᑲᒪᓂᐣᑎᐅᐱ

The "Memorare" (Prayer to the Bl. Virgin)

ᓂᑕᐊᐧᑎᒧᐃᑲᒪᐦᐱ ᓇᑐᓴ ᒣᐯ (Mary)
ᐊᕙ ᓇᑐᓴ ᒣᐯ ᑭᑎᐧᓴᐱᑲᑐᐊᐱᔨ ᑫ
ᑭᑎᐧᓴ ᑭᒪᐱᐱᑎ = ᓄᐦᑫᐣᐧᔨᓂᐟ ᐅᒐᐅᓇᐊᐅᐦᑎᒪᐅᓴ
ᑳᐦᑫᐸᐅᑎᒪᔭ ᑭᒣᓂᑳᑎᒪᑭᕽ = ᑫ ᓂᐣᑐᐊ ᐁᐁ
ᑭ ᓄᐦᑳᑕᓂᐣᑕᐣᑕᑲᑐ (ᓇᐊ) = ᐧᔨᐣᑐᐊ ᓂᒣᑕᐱᐱᐧᔨ
ᑫ ᑭᑕᐣᑎᒪᐦᑳᑐ = ᓂᐸᐦᒐᐱᔨᔕ ᓂᒧᐦᑐᐦᑯᓂᒧᐦᔨ
ᐁᐁ ᑭᒧᐦᑌᓂᑳᑎᒪᑐ ᑳᐦᕽᐳᒧᑭᓴ = ᐊᕙ
ᓇᑐᓴ ᒣᐯ ᒣᑰᐣ-ᓴᐃᐣᐟ (J.C) ᑭᑐᐧᔨᐣᑎᒧᐠ =
ᐱᐁᐸᐅᑎᐟ ᓂᑐᑲᒪᓂᔨᔕ = ᑯᑕᒪᕙᐦᑐᑭᐟ
ᑯᑕᒪᓂᐣᑎᑐᑭᐟ = ᐃᑲᒪᓂᐣᑎᐅᐱ

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(6) Prayer to the Guardian Angel.

ᓂᑕᐋᐧᒋᒧᐃᑲᒪᐧᐱᐊ ᑭᑕᑯᔦᑕᐱᒥᓇᓂ×
ᐊᕙ ᓂᑕᑯᔦᑕᐱᑦ ᑭᑌᐧᔨᒪᒋᒧ = ᑭᑌᐣᔨᓇ
ᑭᑌᐣᑳᐧᐅᐧᐳᑯᒧᑭᐧ ᑕᑲ ᑭᓇᐣ ᐊᐱᐣᑐᑐᑭ
ᑭᒋᑐᐧᑲᐠ ᑳᐧᑫᐣᑭᐣᑲᒧᑭᐧ = ᑭ ᒪᑯᓇᐧᐸ ᑫ
ᐧᔨᐣᑐᐊ ᑭᑌᐣᑳᐧᓇᑭ = ᓇᐧᑲᐋᐧᓇᑯᒧᑭᐨ =
ᓇᐧᐳᒧ ᑭᐨ = ᓇᐧᒋᓂᑭᓂᐣᒋᐱᐅᑭᐨ
ᓇᐧᑯᑲᐯᑕᐱᐋᐧᑐᐧ ᑭᓇᐣ ᐅᑕᒋᒧᐃᑲᐣ
ᓂᒧᐧᑲᔦᑫᑕᐱᐊᐧᐱ ᑫ ᑲᐧᑯᑕᒋᑐᐧᐳᑲᐱᒧᐧ.
ᑭᓇᐣ ᐅᑯᐊ ᐣᐳᐧ = ᐃᑲᒪᓂᐣᒋᐅᐱ

Grace before Meal

ᓂᑕᐋᐧᒋᒧᐃᑲᐅᐱ ᐊᔦᐠᑯᐸ ᑭ
ᐊᕙ ᑭᓇᐣ ᐊᐱᐣᑐᑐᑭ ᓇᐧᔨᓇᐢᒧᑭᓇᐣ
ᑫ ᓇᐧᔨᓇᐢᒋᐨ ᐊᒧᐢ ᐊᐅᐧᔨᐢ =
ᑭᑕᐧᐢᐱᔨᐣ ᑭᒧᐧᒣᑯᑭᐱᓇᐣ = ᐃᑲᒪᓂᐣᒋᐅᐱ

Grace after Meal

ᓂᑕᐋᐧᒋᒧᐃᑲᐅᐱ ᐁᐧᔨᐣᒍᕙ ᑭ
ᐊᕙ ᑭᓇᐣ ᐊᐱᐣᑐᑐᑭ ᓂᒋᑯᐧᑕᐧᔪᑕᑭᐱᓇᐣ
ᑭᒣᑯᑭᔨᓇᐣ = ᓇᐧᑲ-ᐳᒧᔮ ᓇᑕᑭᓇᓂ×
ᓇᐧᕽᑕ ᐁᐸᐧᓚᐱᔨᓇᐣ ᑫ ᓇᐧᔪᑐᐧᔨᓇᐣ
ᑯᑯᐊ ᐣᐳᐧ = ᐃᑲᒪᓂᐣᒋᐅᐱ

Evening Prayer

ᓂᑕᐋᐧᒋᒧᐃᑲᐅᐱ ᐊᔦᐠᑯᑲᐅ ᑭ
ᐊᕙ ᓂᓇ ᐊᐱᐣᑐᑐᑭ ᐅᓂᓚ ᑫ ᐅᑯᐧᐃᓚ
ᑫ ᓇᑐᐅᑕᐠ ᐊᓇᐧᐠ ᐊᔦᐠᑯᑲᐁᓂᑭ

(7) ᑭ ᒫᑐᐱᐣᑐᐢᔨᓴᓇᐸᑐ ᑳᑲᒋᒧᐃᑲᒧᐢ = (7)
ᑭᒉᑖᐱ ᐊᓇᒪ ᑫ ᑭᑕᓴᒧᑭ = ᑭᒋᑲᑐᓲᒧ
ᑭᒋᒣᐃᑐ ᑭᑕᐣᑕᑲᑐ ᑫ ᑭᑕᑯᒥᒧ =
ᑭᒋᒋᐳᑐᑭ ᐊᓇᒪ ᐢᓴᑯᐧ ᑫ ᑭᒉᑕᐱᐊᐧᔨ
ᑳᑯᑲᒧᒋᐱᐸᑭᐢ = ᑭᒧᐢᒋᐢᐢᔨᒪᒋᒧ =
ᓇᐢᐢᓇᒧᑭᐟ ᓂᑐᐢᑲᐁ ᐸᐢᒐᐱᔨᔅ = ᓂᒋᑯᑑᐢᑯᓂᒧᔦ
ᑫ ᑭᑕᑐᔦᐣᐳᒥᑕᐠ ᓂᑕᔕᑯᐢᐯ ᑲᑭᒪ
ᓇᐢᕽᑕᐊᒉᐸᐢᒐᐱᔨᐢ =
ᑫ ᐊᓇᐢ ᑭᒉᓂᑲᒋᒪᑐ ᑳᑲᑌᐣᑭᐣᑲᒧᑭᐢ
ᐊᓇᐢ ᑯᑯ+ = ᒉᐣᑕᐱᐢᔨᐣᑕᒧᑭᐟ ᑲᐁ ᐅᑲᐱ =
ᒉᐣᑕᐱᐳᑐᒧ ᑭᐟ ᒪᑲᐸᑐᐢ ᓇᑯᑕᐢᑯᑯᒥᐢ
ᑫ ᓇᑲᑕᐢᓴᐯᓇᑯᒥᐢ = ᐊᐸ ᓇᐊ ᓇᑐᔦᒉᔦ
ᐊᐸ ᓂᑕᑐᔦᑕᐱᐢ ᐊᐊᐧᒋᒧᐃᑲᑐᒧᑭᐠ
ᐊᓇᐢ ᑯᑯ+ᐠ = ᑫ ᐊᔕᐢᓂᓂᑭ ᓇᑲᐳᒧᑭᐠ =
ᐃᑲᒪᓂᐣᒋᐅᐱ =

Prayers for Confession

ᓂᑕᐊᐧᒋᒧᐃᑲᐅᐱ ᐊᔕᐢᓇᐸᓂᑯᑭ

1° Before the examination of Conscience.

ᓂᑕᐊᐧᒋᒧᐃᑲᐅᐱ ᐊᔕᑲᐸᐁᐣᑭᐣᑲᒋᑭ ᑭᐸᐢᒐᐱᔨᓇᓂᔅ =
ᐊᐸ ᓂᓇ ᐊᐱᐣᑐᑐᑭ ᓂᒋᑭᑕᒉᐃᑕᑭ
ᓇᐢᓇᐸᓂᔨᐢ ᑳᑯᐢᑌᐢᓇᒧᑭᐢ ᓂᐸᐢᒐᐱᔨᔅ =
ᓂᑕᔕᐢᐢᑲᑭᒪ ᓇᐢᑯᑲᒧᒉᓇᐸᓂᔨᐢ ᑫ
ᓂᒪᒉᑯᒐᐱᐣᐸ = ᓇᐢᕽᐳᒧᑭᐟ = ᓇᐢᑲᐊᐧᓇᑯᒧᑭᐟ
ᓇᐢᑯᑯᓂᐢ ᓂᑐᐢᑲᐁᐸᐢᒐᐱᔨᔅ ᓇᐢᑯᐢᑯᓂᒧᐢᔨᐢ
ᑫ ᓇᐢᑯᐳᔕᐯᓇᐸᓂᓴᐢᐢ ᑫ ᓇᐢᔨᑕᐯᐢᑯᐊᐧᑐᐢ =

(8) ᐊᐸ ᓇᑐᓴ ᒣᕓ ᐊᐸ ᓂᒐᑐᓴᒐᐱᐦ
ᓇᐢᕽᐳᒧᑭᐠ ᓇᐢᐠᒐᑲᐯᓇᐸᓂᔪᓴ =

2°) After the examination of conscience
prayer for Contrition = ᐊᓇᐢᐠ ᐊᐸᐁᐦᑭᐦᑲᒋᐠ
ᑭᐸᐢᓚᐱᔨᐠ ᑫ ᐁᐠᔨᐦᑐᐢᑯᓂᒥᓂᑭ ᐁᑲᑭᒪᐟ
ᑲᐢᑯᐢᑐᐢᑯ ᓂᒧᐢᔨᓴ = ᐊᓂᐦᑐᐟ ᐊᒧᔭ ᐊᒋᒧᐃᑲ)
ᐊᐸ ᓂᓇ ᐊᐱᐦᑐᑐᑭ ᐃᑲᑲᐅᔭ ᓂᐸᐢᓚᐱᔨᐠ
ᑫ ᐃᑯᓚᐢᑯᔭ = ᓂᒧᐢᒋᑲᐦᑐᐳᔨ ᓂᒧᐢᒋᑯᓛᓂᒧᐢᔨ =
ᓂᒋᑐᐢᐯᓂᑐᐱ ᓂᐸᐢᓚᐱᔨᐠ ᓇᕽᐅᑲᐁᒑᐱᑐᐱ
ᐅᒪᐟᑯᐢᐸᑯᐁᒋ ᓇᐢᑭᐅᐦᑲᐢᓴᐊᐦᒋᑯᓭᓴ =
ᓂᒋᑐᐢᐯᓂᑐᐱ ᓂᐸᐢᓚᐱᔨᐠ ᓂᒪᒐᔭᑯᓗᐊᐁᒋᐱᐸ
ᑯᑯᐊ ᐦᐳᐢ = ᐁᐆ ᓂᒧᐢᑐᐢᑯᓂᒧᐢᔨ =
ᑫ ᑭᒋᑲᑯᒥᒪᓇᐱᔨ ᑭᒋᐠᓴᑭᒧᑭ ᑫ ᑯᐢᑯᐟ
ᒉᓱᐦ (Jesus) ᐃᑐᐢᑭᒉᓂ ᐊᐁᐧᐃᐦᒐ
ᓇᐢᑯᑲᒧᒋᐱᐃᐃᓴ = ᓂᒋᑯᐢᐅᑭᑭᐆᒐᑭ
ᑭᓚᐊᑯᒥᒧᐢᓴ = ᓂᒋᑯᐢᑐᐢᑯᓂᒧᐢᔨ
ᑭᒧᐢᑐᐩᔨᐦᑐᑐᐢᓴ ᓂᐸᐢᓚᐱᔨᐠ = ᐊᐸ ᓂᓇ
ᐊᐱᐦᑐᑐᑭ ᓇᐢᑲᒉᑭᒧᑭᐟ ᓇᐢᑲᐅᓴᓇᒧᑭᐟ
ᑫ ᓂᒐᔭᐠᓴᑲᑭᓚ ᓇᕽᒐᐊᒉᐸᐢᓚᐱᔨᓴ =
ᐊᐸ ᓇᑐᓴ ᒣᕓ (Mary) ᐊᐸ ᓂᒐᑐᓴᒐᐱᐦ
ᐊᐋᒋᒧᐃᑲᐢᑐᒧᑭᐠ ᓇᐢᐠᔨᒐᐳᐢᑯᓃᒐᑭᐊᒋᐃᓴ
ᑭᓇᐠ ᐊᐱᐦᑐᑐᑭ

3°) Prayer after Confession
ᐁᐠᔨᐦᐅᓴᓇᒧᑯᐁᓂᑭ ᑭᐸᐢᓚᐱᔨᐠ ᐁᐆ
ᐊᓂᐦᐅᐠᔨᒪᒋᒥᐦ ᐊᐱᐦᑐᑐᑭ =
ᐊᐸ ᓂᓇ ᐊᐱᐦᑐᑐᑭ ᓂᒋᑯᐢᒋᒐᒣᐃᒐᑭ

+ᑭᑌᕙᐱᒧ ᑭᒐ· ᓂᐸᑦᒪᐱᔨᔑ = ᑭᒪᔑᑭᐧ
ᐅᒪᑦᑯᑦᐸᑯᐁᒋ ᑫ ᑭᒪᐣᑲᐁ·ᐱᐧᔨᐢᑐᒧᑭ ᑯᑯᐊ
ᐣᐳᑦ = ᑭᒧᑦᒋᐧᕙᐧᔨᒪᒋᒧ ᑭᒧᑦᒋᑲᑯᒥᒧ ᑫ
ᓂᓚᔭᐧᕙᑲᑭᒪ ᑲᑦᕽᓚᐅᑲᐊᐁᑯᐊ·ᓚᑯᒥᒧᑦᕙ =
ᐊᐸ ᑲᑐᔦ ᒣᐯ (Mary) ᐊᐸ ᑲᑐᔦᓚᐱᕽ
ᑫ ᑲᑐᐊᐱᔨᕽ ᑲᑦᐧᔨᕽᐳᒧᑭᐧ ᑲᑦᐧᔨᓚᐸᑯᒥᒪᑦᕙ
ᐊᐱᐢᑐᑐᑭ ᑲᕽᓚᐊᒣᐸᑦᒪᐱᔨᕙ ᑫ
ᑲᑦᑯᓚᒣᑐᑐᑦᕙ ᐣᐳᑦ = ᐃᑲᒪᓂᐢᒋᐅᐱ

Prayers for Communion

I) Before Communion = ᓂᓚᐊ·ᒋᒧᐃᑲᐅᐱ
ᐊᔭᑲᑐᐊᐱᐅᐸᑭ =

1° An act of Faith: ᐃᕒᑯᒣ ᐃᓚᑭ =
ᐊᐸ ᓂᑲ ᐊᐱᐢᑐᑐᑭ ᐃᑲᒋᒪᐱ ᐊᓚᒪᑲᓂᐢᒋ
ᐊᑲᒪ = ᓂᓚᔭᑲᑐᐊᐱᐅᕒ ᑫ ᓂᒧᑦᓚᓂᐢᐁᐃᒋᓚ
ᑲᑦᑯᑐᒪᒋᒧᐃᑲᒧᑦᕙ ᑲᑦᑯᑦᐅᑯᑲᐸᑐᐊᐱᐅᕒᕙ =
ᓂᒋᑯᒣᐃᓚᑭ ᑭᒋᒋᐱᐢᓚᐱᕙ ᐊᑲᒪ ᑲᑐᐊᐱᐅᑦᔨᐣ =
ᑭᓚᔭᐧᕙᑯᑭ ᑯᐢᑐᑦ ᑭᒪᐸᐣ ᑯᓚᐧ ᑫ
ᑭᑐᑦᑲᐅᓚᐱᐃᔨᐣ = ᓂᑲᐧᕙᓂᐧ ᐁᑲᐧᓴᐸᐃᕌᓚᐣ
ᑫ ᒪᓚᓚᐸᐃᑲ- ᕌᒪᐧᓴᕌ ᐊᓂᐢᒋᑲᒋᕙ =
ᐧᔨᐢᑐᐊ ᒉᑯᐢ (Jesus) ᑭᓚᑦᔑᐁᐊᒥᐊ·ᔨ ᐧᔨᐢᑐᐊ
ᑭᒋᕒᐅᑦᔨᐣ ᑫ ᓂᔑᓚᒧᒣᐃᒋᐧ =ᐁᓴᒧ+ ᑭᒋᒣᓚᐱᐊ·ᔨ
ᑫ ᑭᒋᑐᑦᑭᒣᓂ ᐊᐁ·ᐃᐢᓚ ᑫ ᑭᒋ-ᐳᒧ ᑫ
ᐃᑯᐅᑦᒋᐧ ᑭᓚᔭᑲᑐᑐ ᑲᑦᑯᑦᑲᐅ ᐅᑲᑭᒋᒪᓚᑦᓴ
ᒪᓚᐱᕽ =ᑫ ᐊᑲᑦᐧ ᑭᒪᒐᕌᔨᒥᐁᓛᐱ ᐊᑲᒪ
ᑲᑐᐊᐱᐅᑦᔨᐣ ᑫ ᑭᐱᒋᐊᔭᕌᒋᐱᐧ ᑲᐢᑭᒋᐸᑦᐱ =

(10) ᐊᕙ ᒉᓭᐢ (Jesus) ᑭᑭᑯᒣᐃᓗ ᓇᐢᑲᐳᒧᑭᐟ
ᓇᐢᑯᐳᑯᒣᐃᓓᑭᒐ =

2° An act of humility and Contrition

ᐅᐢᑯᓂᒧᐢᑭᐟ = ᐊᕙ ᓂᓇ ᐊᐱᐢᑐᑐᑭ ᓂᑭᑲᐢᑐᕙᑭ
ᓇᐢᑲᑐᐊᐱᐅᕚᒐ = ᓂᑭᐡᒐ ᑭᒪᓓᐱᑭ ᑫ ᐡᑭᐢᑐᐊ
ᑭᑭᐢᑭᐁᐃ ᐢᐳᐢᒪ ᑫ ᐡᔭᐢᑯᑦ = ᑫ ᐁᑭᑭ ᓂᐸᐢᓚᐱᑭᐢ
ᑭᒧᐢᑐᐡᑭᐢᑐᑐᐢᐱᐢ = ᐁᐅ ᓂᒧᐢᓓᐢᑐᕚᑭ
ᑲᐢᑲᐁᐢᑐᐢᑯᐢᒐ = ᑫ ᑭᒫᐅᐢᑭᓇ ᑭᑭᒐᑭᒪᐱᐃᐱᑭᒐ =
ᓂᐸᐢᓚᐱᑭᐢ ᑭᒫᑐᑐᑭᒧᑭᐸ ᑭᑭᓚᑫ ᑭᒧ ᑭ
ᑫ ᑭᑭᑐᐢᑯᑭ ᓇᐢᒐᓇᐸᓂᑭᒐ ᑫ ᑭᑭᐅᒐᓇᒧᑭ =
ᓇᐢᑭᓓᐳᐢᑯᐁᓓᑭᐊᒧᑭᐟ ᓇᐢᑯᐳᑫᒐ ᓂᐟ
ᓇᐢᑭᑭᐸᐢᐱ ᓇᐢᑯᐢᐅᑯᑲᐸᑐᐊᐱᐅᕚᒐ =
ᓂᓓᔦᐡᒐ ᑲᑭᒪ ᓇᐢᐧᓓᐊᒣᐸᐢᓚᐱᑭᒐ =

3° An act of Hope and desire

ᐃᑲᐢᓓᑲᑭᐢ ᑭᓇᐣ = ᐊᕙ ᓂᓇ ᐊᐱᐢᑐᑐᑭ
ᑭ ᐱᑭᐊᔦᑫᑭᐱ ᓇᐢᑭᑭᐸᐢᐱ ᑫ ᑭᓓᔦᑯᐢᐳᑐ
ᑭᓓᑐᔦᐢᐳᒥᓓᐣ = ᑫᓂᑲᔦ ᓂᑭ ᑮᓓᒣᐃᓓᑭ
ᓇᐢ ᑲᑐᐊᐱᐅᕚᒐ = ᑭᑭᐡᒐ ᑭᒪᓚᐱᐃᐱᑭ ᑫ
ᑭᒧᐢᓓᔦᐡᒐᑯᑭ ᑯᐢᑐᐨ ᑫ ᑭᓚᐸᐟ
ᑲᐢᑯᐢᑌᐢᐳᒧᑭᒐ = ᐊᕙ ᓂᓇ ᐊᐱᐢᑐᑐᑭ
ᑭᑭ ᑲᐢᓓᑲᑐ ᑭᑭᑲᑯᒥᒧ ᔦ ᓂᓓᔦᑯᐢᓓᑐᐊᐱᐅᕚ
ᑲᐢᑭᒣᐢᓓᐱᑲᑯᒥᒧᐢᒐ = ᐊᕙ ᓇᑐᔦ ᒣᕓ (Mary)
ᓇᐢᑭᑭᓂᑭᓂᐢᑭᐱᕙᑭᐟ ᓇᐢᑯᑲᒧᓓᐁᐢᑐᐢᑯᐊᐧᐢᒐ
ᒍᐢᑯ+ ᒉᓭᐢ (Jesus) = ᐊᕙ ᓂᓓᑐᔦᓓᐱᐨ
ᓇᐢᑯᐢᐳᑯᒧᑭᐟ ᓇᐢᑫᑯ ᑲᐸᑐᐊᐱᐅᕚᒐ =
ᑭᓇᐣ ᐅᐢᑐᐨ ᐅᒪᐸᐣ ᐅᓓᐠ ᐃᑫ ᐅᓓᑐᐊᐱᐢᐣ

+ ᒪᑉᑭᑐᒐᐱᕽᑯᓇᒐᐱᔦ ᓇᐢᑭᒋᐸᐦᐱ ᑫ (11)
ᓇᑉᑯᒐᒧᑦᑯ-ᐳᒧᑦᔦ =

π. After Communion

(ᐁᐧᔑᐢᒐᑐᐊᐱᐳᐢᑐᓂᑭ ᐱᐁᑯᒐᒣᔮᐧᔑ =ᒣᔮᒪᒋᒧᐃᑲ
ᑳᐧᔦᐧᔑᒪᒋᒪᑉᔦ ᑭᓇ ᑫ ᑳᑯᑲᒪᓂᐢᒐᑉᔦ)

1º An act of Faith and adoration.

(ᐃᑲᑐᐢᑐᒥᐢ ᑭᓇ)=ᐊᔦ ᓂᓇ ᐊᐱᐢᑐᑐᑭ
ᓂᒋᑯᒣᐃᒐᑭ ᑭᒋᒋᐱᔦ ᓇᐢᑭᒋᐸᐦᐱ =
ᑭᒣᑯᑭ ᑯᐢᑐᐦ ᑭᒪᐸᐤ ᑯᒐᐧ ᑫ ᑭᑐᒪᑉᑲᑐᐊᐱᔑ)=
ᑭᒫᒣᓇᐦᐸ ᓂᑲᐧᔦᓂᐟ ᐁᓈᐧᔮᐸᐃᑫᑕᐤ =
ᐧᔑᐢᑐᐊ ᒣᒋᐢ (Jesus) ᑭᒐᑦᒍᐊᒥᐊᐧᔑ ᐊᒧᔮ
ᓇᐸᐃᐤ ᑫ ᐊᓄᑉᐧ ᑭᒋᐱᐢᒫᐱ ᓇᐢᑭᒋᐸᐦᐱ=
ᑭᒋᑲᑐᐢᒧ =ᐧᔑᐢᑐᐊ ᒣᒋᐢ ᑭᑐᑉᑲᓂᐊᐯᐢᑐᒋ,
ᐢᐳᑉᐨ ᑫ ᐧᔮᑉᑯᐦ ᑫ ᐁᔮᒧ+ ᑭᒋᒣᒐᐱᐊᐧᔑ
ᑳᐧᔦᑲᒧᒋᐱᐅᑭᔑᓇᐤ ᑫ ᐁᔮᒧᔦ ᑭᒐᔮᑲᑐᑐ
ᑳᑯᑉᑲᓂ ᐅᑲᑭᒋᒪᒐᑉᔮ ᒪᒐᐱ× =ᐊᔦ ᒣᒋᐢ
ᑲᓂᐢᒋᒐᑐᐢᒧ ᑯᐱᐤ ᐢᐳᑉᐨ ᐁᓂ ᑲᓂᐢᒐᑐᐢᒧ

2º An act of Thanksgiving and Love

(ᐁᐧᔑᒪᒋᒥᐢ ᑭᓄ)= ᑭᒋᐧᔦᐧᔑᒪᒋᒧ
ᑭᒋᒋᐱᔦ ᓇᐢᑭᒋᐸᐦᐱ=ᑭᒋᐧᔦ ᑭᒧᑭ ᑭᒋᒋᐳᑐᑭ
ᐊᓄᒪ ᐧᔮᑉᑯᐦ ᑭᒋᑐᑉᑭᒣᓂ ᐊᐁᐧᐃᐢᒐ
ᑳᐧᔦᑲᒧᒋᐱᐅᑭᔦ ᑫ ᑭᒋᑐᑉᑯᑭ ᓇᑉᑫᒐᐱᐊᑐᑉᔦ
ᑭᒐᒋᒧᐃᑲᐤ ᑫ ᐊᓄᑉᐧ ᐢᐳᑉᐨ ᑭᒧᑉᑐᑐ
ᑳᑯᐧᔑᑯᐊᐧᑭᔦ= ᑭᒧᑉᒋᐧᔦᐧᔑᒪᒋᒧ= ᐊᔦ
ᓂᑐᔪᒣᐯ ᓄᑉ×ᐳᒧᑭᐟ ᓇᑉᑯᑲᒧᒣᐧᔑᒪᒋᒪᑉᔦ
ᑯᑉᑯ+ ᑫ ᓇᐧᔑᒐᐸᑯᒥᒪᑉᔦ=ᐊᔦ ᓇᑐᔪᒐᐱ×

(12) ᑫ ᓇᑐᐊᐱᓯ᙮ ᓇᑯᑯᒪᓀᑯᑭᐠ ᑯᐦᑭᓯᐸᐟᐊᐧᐁᐧᐤ
ᓇᑯᒋᐦᓀᐱᐃᐱᒋᐢ ᓇᓂᐦᒋ ᑭᒥ ᐃᐱ ᐊᐱᐦᑐᑐ ᑭ
ᑫ ᓇᐢᐢ ᐸᓀᑯᒥᒪᐢ

3° An act of Request (ᐅᑲᒪᓂᐦᒋᐦ ᑭᓇᐟ)

ᑫ ᐊᓇᐢ ᒉᓵᐦ (Jesus) ᑫᓀᔭᑯ ᑲᒪᓂᐦᑐ =
ᓇᑯᑯᑭᐠ ᑳᐢᓀᐸᑯᒥᒧᐢ ᑫ ᑳᓀᐅᓇᐊᐯᐊᐧᓀᑯᒥᒪᐢ =
ᐦᐸᒧᑭᐟ ᓇᑯᐡᑯᑲᐯᓀᐱᐊᐧᑐᐢ ᑭᑐᑲᑭᒋᒪᓂᐤ
ᓇᐢᐢ ᑯᐊᐧᑐᐢ ᓂᐸᐢᒐᐱᓯᐤ ᓇᐦᓀᐅᓇᐊᐯᓯᐦᒋᑲᑐᐢ
ᓂᓀᒋᒧ ᐃᑲᐟ ᑫ ᓇᑯᓀᐣᑐᑐᐢ ᑯᑯᐊ ᐦᐳᐢ =
ᐯᓂ ᑭᒋᑯ ᑲᒪᓂᐦᑐ = ᐊᐸ ᒉᓵᐦ ᓇᑲᓂᐦᒋᑐ ᑭᐟ =
ᒫᑐᑯᑭᐟ ᓇᐦᓀ ᐅᐢᑯ ᑯᐢᓯᐢ ᑫ ᓇᐢᓯᓀᐣᐸᐯᓀᐱᐃᐢ =
ᑭᒫᑐ ᑲᒪᓂᐦᑐ ᑳᐢᑭᒪᐢ ᓂᓇ ᓂᐦᓯᐦᓀ
ᓇᑯᓯ᙮ ᓂᒧᐢᐸᐱ᙮ ᑫ ᓂᐟᑯᐊᐧᐁᐧ᙮
ᓇᑯᑲᓂ ᐊᐢᓴᐯᐃᓀᐱᐃᓯᓇᐟ ᑫ ᓇᑯᓀᐣᐦᐳᒧᐢᓯᓇᐟ =
ᒫᑐᐢᑲᓂᐦᐳᒧᓴ ᐊᐊᐧᒋᒧᐃᑲ᙮ ᒪᐢᓯᑲᑐᐢᓴ
ᑭᑐᑲᑭᒋᒪᓂᐤ = ᑭᒥᓴ ᐊᐸᐢᑐᑯᐢᓯ᙮ ᐊᐅᑯᑯᔦᒥ᙮
ᑫ ᐊᐊᐧᐢᐱᒋ᙮ = ᑲᓂ ᑭᔦᐢᐱᐧᓯᐦᑐᑐᓴ =
ᑭ ᑲᓀᐅᒣᐃᑐᑭ᙮ ᓇᑯᒣᐃᓀᑭᐊᒋᓴ ᑫ ᑲᒋᓴ
ᒪᒐᐱᓯ᙮ ᒪᐢᐧᑯᐊᐧᑐᐢᓴ ᐅᑐᑲᐯᓀᐱᐅᐧᐢᑯᐊ =
ᓴᑫᐃᒋᐱᐦᓀᐱ᙮ ᑲᒧᓀᐢᐸᐢᐸᑯᐁᒋ ᒫᑐᐢᑲᓂᑭᒥᓴ
ᐦᐸᒥᐱᐃᓴ = ᐊᐸ ᒉᓵᐦ ᑭᑲᐁᐧᓯᐦᑐᑲᒪᓂᐦᑐ
ᓇᐢᑲᓂᐦᒋᑐᑭᐟ =

4° An act of offering (ᑯᐦᑭᒋᐸᐢᐱ ᐅᑯᒋᐦ ᐊᐱᐦᑐᑐᑭ) = ᑫ ᐊᓇᐢ ᓂᓀᔭᐢᑲᑭᒪ
ᓇᐢᐢᓴᒉᐦᐧᓯᓂᐢ ᓂᓀᑐᐊᐱᐅᐢᓯ =
ᓂᓀᔭᑫᐦᑭᐦᑲᒋ ᓂᒋᒋᐢᓀ ᓂᒋᐸᐅᐢᓯ ᑫ

ᐁᒣᑕᐱᐃᓯ) ᓇᐢˣᑕᐁᐸᐢᒐᐱᓯᕋ ᑫ ᑭᑐᐢᑐ
ᓇᐡᑭᒋᐸᐢᐱ ᑲᐢᑫᐡᑲᐢᕋᐊᑯᒥᒍᐢᕋ =
ᐊᓯ ᓇᑐᓀ ᒣᔦ (Mary) ᐊᓯ ᐁᑕᑐᓀᑕᐱᒐ
ᐊᐋᒋᒍᐃ ᑲᐢᑐᑎᑭᐠ ᓈᐢᓯᑕᐸᑯᒥᒪᐢᕋ ᐊᐱᐡᑐᑐᑭ
ᓇᐁᐡᑕᓴᐠᕋᓵᒣᐸᐁᑕᐱᐃᐱ ᑫ ᓈᐢᑯᑕᒍᑐᐁᓇᐊᐢᕋ
ᐅᑯᐊ ᐡᐳᐢ = ᐃᑲᒪᐁᐡᒋᐅᐱ

Divine Praises

1) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᐊᐱᐡᑐᑐᑭ
2) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒋᕋ ᐅᑕᑐᐊᐱᐁᑲᓯᒐ
3) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᒣᑯᐡ ᐡᓴᐃᐡᐢ (Jesus Christ)
ᐁᑕᐸᒥ ᐊᐱᐡᑐᑐᑭ ᑫ ᒫᒋᑕᐯᑕᐱᐊᐧᓯ =
4) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒋᕋ ᒣᑯᐡ ᐅᒋᐁᑲᓯᒐ
5) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒋᕋ ᒣᑯᐡ ᐅᑕᒋᒪᐳᐡᑭᒋᐸᐢᐱ =
6) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᒣᑯᐡ ᐃᒋᐱᐡᑖᐱ ᓇᑐᐊᐱᐅᐢᓯ)
7) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᐊᐱᐡᑐᑐᑭ ᐅᐡᓯᐡᑕ
ᓇᑐᓀ ᒣᔦ (Mary)
8) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᓇᑐᓀ ᒣᔦ (Mary)
ᐅᒐᐅᐢᐯᐡᒣᒐ ᓇᐱᓵᑕᐢᕋ ᑲᐊᐢᓯᓇᐁˣ
ᒪᑑᒣᐃᒍᐱˣ ᐅᐸᐢᒐᐱᑯᐊ =
9) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒋᕋ ᒣᔦ (mary) ᐅᒋᐁᑲᓯᒐ =
ᒪᑐ ᓇᐊ ᐊᑫᐋᐧᐱᓭᐋᐧ- ᑫ ᐃᒋᐱᑯᑯᓯ =
10) ᐊᐢᑯᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᓇᑐᓀ ᒍᕋᐧ (Joseph)
ᓇᑐᓀ ᒣᔦ ᐅᑕᑐᐊᐳᒐ =
11) ᐅᑕᑐᓀᑕᐱᒥˣ ᑫ ᐅᑕᑐᐊᐱᓯᒥˣ
ᐊᐢᑯᐢᑐᐢᑲᐁ ᐊᑐᕓᒪᐢᕋ ᐊᐱᐡᑐᑐᑭ =

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(14) Prayer to our Lord in the Bl. Sacrament)
(For the Benediction ....)

(ᑎᑕᒋᒍᐃᑲᒪᐣᐱ ᑭᓇᐣ ᐃᒋᐱᓐᑖᐱ ᓇᑐᐊᐱᐅᐣᐱᐣ)=

1°) Adoration – ᐊᕙ ᑐᑕᐣ (Jesus) ᑎᒋᑯᒣᐃᑕᑭᐱᓇᐣ
ᑭᒣᑖᐱᔪ ᐊᓇᒪ ᐃᑕᐋᒋᒍᐃᑲᐅᐱ ᐊᑮᒍᐤ=
ᑭᑕᐠᒍᐁᑖᐱ ᐁᓇᐧᔭᐸᐃᑫᑕᐣ = ᑏᓐᑐᓇᐣ ᑭᒍᐠᒣᑖᐱ
·ᐱᓐᒋᑯᔅ ᑯᑰᔅ = ᑫ ᐊᓇᐠ· ᑭᑐᐱᓐᑐ·ᐱᔭᓇᐸᑐᐠᐱᓇᐣ
ᑭᒋᑲᑐᕙᒍᐠᐱᓇᐣ ᑭᑐᒣᐃᑐᐠᐱᓇᐣ ᑭᑕᐣᑕᑲᑐᐠᐱᓇᐣ
ᑭᑕᑯᒋᒍᐠᐱᓇᐣ = ·ᐱᓐᑐ ᐊ ᑐᑯᐣ ᑭᑐᐠᐳᑲᑐᐊᐱᐱᒪ
ᐅᑎᒪ ᑫ ᓇᑐᐅᑕᐣ ᑫ ᐁᔭᒍ+ ᑭᒋᒣᑖᐱᐊ·ᐱ
ᑫ ᑭᒋᑐᐠᑭᒣᑎ ᐊᐁ·ᐃᓐᑕ ᑲᐠᔪᑲᒍᒋᐱᕙᑭᐱᓇᐣ
ᑭᒫᒋᒋᐳᐊ ᑫ ᑭᒋ-ᐳᒍ = ᑭᒋ-ᐳᒍᐠᐱ
ᑭᒫᒣᐠᑯᐋᑐᐠᐸ ᐊᓇᒪ ·ᔭᐠᑯᐠ =ᑭᑕᔦ·ᑫᑖᐱ
(at the same time) ᐣᐳᐠ- ᑫ ᐊᓇᒪ ᓇᑐᐊᐱᐅᐣᐱ=
ᐅᒋᒍ ᐣᐳᐠ- ᑭᒋᑕᒋᓐᑐᑐᐊ·ᔪ ᓇᑐᔦᑕᐱ×
ᑫ ᓇᑐᐊᐱᐱ× ᑫ ᐊᓇᒪ ᑭᒫᒪᑫ ᐅᐠᐳᑲᐱᒍᑭᐱᓇᐣ
ᑫ ᑭᑕᕙᐠᑯᑭᐱᓇᐣ = ᑭᒋᔪ·ᐱᒪᒋᒍᐠᐱᓇᐣ =

2°) Request – ᐊᓇᒪ ᑭᑕᐠᔦᓐᒋᐊ·ᔪ ᑭᑕᒋᒍᐃᑲᒍᑭ×
ᑫ ᑭᑕᔪᐠᔪᓐᐳᒍᐊ·ᔪ = ᑲᑎᓐᐅ ᑭᒪᐠᐱᐊ ᒪᑕᐱ×
ᑭᒋᑕᐯᐃᑕᐱᐃᐱ ᐁᑌ ᑭᒪᑫᐊᑎᓐᒋ ᑭᒍ ᑭᐱᓇᐣ =
ᐁᑎᑲᔦ ᑭᓇᐠᑲᒣᐳᐠᑕᒋᒍᐃᑲᒍᐠᐱᓇᐣ =
ᑭᑕᔪᑯᑐᒍᑲᒪᑎᓐᑐᐠᐱᓇᐣ ᑲᐠᑫᔪ ᓇᒍ ᑭᐱᓇᐣ
ᑎᐸᐠᒪᐱᐱᓇᑎᔅ = ᑎᒋᑯᐠᑐᐠᑯᑌᑕᑭᐱᓇᐣ ᑫ
ᑎᒋᑲᑎᓐᐅᐃᒋᐠᑖᐠᐱᓇᐣ ᓇᐠᔪ·ᑯᐊ·ᑐᐠᐱᓇᐣ =
ᑫ ᑎᒫᒣᑯᒪᐱᓐᐱᓇᓇ- ᐁᑎᑲᔦ ᓇ×ᐳᒍᑭᓇᐣ
ᓇᐠᑯᐠᑯᐅᑯᑲᐯᑕᐱᐊ·ᑐᐠᐱᓇᐣ ᑭᑐᐠᑲᑌᐅᑲᑭᒋᒪᑎᔅ

ᑫ ᓈᒃᑯᒣᓗᓗᐢᔨᓇᐤ ᑯᑯᐊ ᐢᐳᐢ = (15)

ᓇᐢᑲᓗᐢᑯᑭᓇᐤ ᓇᐢᑲᐢᓴᐱᔨᓇᐤ ᑫ

ᓇᐢᑭᑕᒣᐸᐁᑕᐱᐃᔨᓇᐤ ᑫ ᑲᐢᓭᐢᑕᐱᐳᓗᒧᑭᔨᓇᐤ

ᐅᓵᑯᐢᔨᐤ ᐅᑭᒧᒋᔨᐤ ᑫ ᑲᐁᐅᑲᐱᐢ =

ᓇᐢᑲᓗᐢᑲᐁᑭᒥᓴ ᐁᓇᐁx ᐁᐧᔨᐢᒋᓇᐁx ᑫ

ᓇᑯᔨᓇᐁx ᐁᐧᑯᑯᐊᐧᓇᐁx ᑫ ᑲᐁᐊᐊᐧᒋᒧᐃᑲx =

ᓇᐢᑲᓗᐢᑲᐁᐢᐳᒧᓴ ᐊᓵᑯᐢᔨx ᐊᐅᑯᐢᑯᔦᒥx

ᑫ ᐁᑭᑭᐁᐧᔨᒥᐢᑕx ᑲᐁᑭᔕᐢᐱᐧᔨᐢᓗᓗᓴ =

ᐊᓴ ᑭᓇᐤ ᐊᐱᐢᓗᓗᑭ ᓴᑫ ᐊᐊᐧᑲᓵᒥᔕ

ᑭᑲᑕᐅᒣᐃᓗᑭx ᑲᐁᐅᒣᐃᑕᑭᐊᒋᓴ =

ᒫᒐᑫ ᐊ ᑲᓵᒥᔕ ᑲᑕᐅᐢᒋᑭx ᑭᒋᑭᒪᐢᐱᐊ =

ᐊᐁᐢᒋ ᐧᔨᐢᒋᑯᔖ ᐃᓗᐧᔨᐢᓗᒋᒥᐊ ᑭᓗᑲᑭᒋᒪᐁᔖ

ᑫ ᑭᐅᑭᑭᐁᐢᓗᓗᑭᐊ =ᓇᐢᑫᔦ ᓇᒧᓴ

ᓇᐢᑫᑯ ᐁ ᐅᐢᑭᒋᐸᐢᐱᐢᑯᓴ ᑫ ᑲᐁᐊᐁᐢᐅᐃᒋᑌᒋᓴ

ᒪᑕᐱx ᑲᐢᑯᐢᑲᐁ ᐊᑯᒥᒥᓴ =

ᐊᓴ ᒣᑖᐢ ᐃᑲᒋᒪᐱ ᑯᐢᑭᒋᐸᐢᐱ ᑫ

ᐃᐧᔦ ᑭᒪᐱᐱᒋ=ᐁᐁᑲᔦ ᑭᒋ ᑲᐢᑕ ᑲᓗᐢᐱᓇᐤ =

ᓇᐢᔦ ᑲᐁᐧᐱᐧᔨᐢᓗᒧᑭᓇᐤ ᑯᐢᑭᒋᐸᐢᐱ ᑫ

ᐁᐁ ᐳᓗᑭᓇᐤ ᑭᑕᓗᐊᐱᐢᐳᒥᑕᐤ

ᓈᑯᐢᑕᐢᓴᐯᐃᑕᐱᐃᔨᓇᐤ ᐊᐁᐢᒋᐧᔨᐢᒋᑯᔖ ᑫ

ᓈᑯᑕᒣᓗᓗᐢᔨᓇᐤ ᑯᑯᐊ ᐢᐳᐢ =

ᑫ ᐧᔨᐢᓗᐊ ᓇᓗᔦ ᒣᐩ (Mary)

ᑭ ᓇᐢᑲᒣᐁ ᑲᒋᒪᓗᐢᐱᓇᐤ = ᑭᓗᐧᔨᐢᒋᒧᐠ

ᐊᐱᐢᓗᓗᑭ ᑫ ᑭᒫᓗᐢᑲᐁ ᐅᐧᔨᐢᒋᒧᐢᐱᓇᐤ =

ᒣᓗᓇᐊᐧᐅᐢᒋᒪᐅᐸ— ᑭᒋᐅᐸᐅᒋᒪᐢᓴ

ᑭᒣᐁ ᑲᒋᒪᑭx =ᐁᐁᑲᔦ ᓈᑯᐢᑲᐁᐢᑭᐢᑲᒧᑭᓇᐤ

(16) ᓇᐢᑯᐢ ᑲᑌ ᐊᒋᒧ ᐃᑲᐢᑐᒧ ᑭᓇᐤ ᑫ
ᓇᐢᒋᓂᑭᓂᐢᒋ ᐱ ᐅᑭᓇᐤ ᓇᐢᑕ ᐁᐢᑕᐸᑐᐢᔨᓇᐤ
ᒧᑲᒧᑐᐢᑯᐠ ᑫ ᓇᐢᑯᐢᑯᐧᑐᑐᐢᔨᓇᐤ ᑯᑯᐊ
ᐢᐳᐢ ᐃᑯᐅᐢᒋᐢ = ᐃᑲᒪᓂᐢᒋᐅᐱ

A Summary of Christian Doctrine.

ᑲᑌ ᐃᑯᐢ ᑭᓇᐤ ᐅᒋᐳᐅᐢᔨᐢ

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1) Our End: to gain Heaven.

ᓇᑯᐠ· ᑲᑌ ᐊᓀᒪᐱ ᐊᓇᒪᐠᔭᐢᑯᒋ
ᐊᐢᑯᐢᑌ ᑲᑭᒪᐅᔪ ᐊᐠᔪ ᑲᒧᒋᐱᐊᐢᔭ ᑯᑕᑭᓇᓂᐠ=
ᐊᐢᑭᑌᓇᐊᐢᔪ ᐊᐱᐢᑐᑐᑭ ᐃᑯᐅᐢᒋᐠ ᑫ
ᐊᐢᑭᑌᐢᑲᐢᔪ ᐃᑕᒧᐢᐳᑲᐱᒪᐢᔪ ᐊᑯᐊ ᐢᐳᐢ =
ᐅᑫ ᐊᐢᑯᐢᑯᐧᑐᑕᐅᔪ ᐢᐳᐢ ᐊᔦᑯᐧᐃᑐᐊ
ᐊᐱᐢᑐᑐᑭ ᐊᔦᑲᐢᑕ ᑲᑕ ᑫ ᐊᔦᑲᑯᒥᒪ =
ᑭᑕᔦᑯᐢᑌᐠᔨᓂᐳᐊ ᑭᓇᐤ ᐅᒋᐳᐅᐢᔨᐢ
ᐊᐢᔭᔪᐢᒋᐊᐧᑐᐧᓇᐁᓂᑭ ᓂᑕᐸᑐ·ᔦᐯᑲ·ᕽ
ᐅᑌᐠᔨᓂᒪᐨᑐᐢᑭᑯᐊ ᑕᑲ ᐃᑕᐢᒍᐁᐳᔪᔦ
ᐊᐱᐢᑐᑐᑭ = ᐅᒋᐳᐅᐢᑯᐊ ᒥᐨᔨᐢᑕᒥ
ᑭᓇᐤ ᐅᒋᐳᐅᐢᔨᐤ =
ᑲᐢᑯᐢᑐ ᑲᒧᑕᐢᑕ ᑲᑕᐢᑯᐊ ᐊᐱᐢᑐᑐᑭ
ᑲᐯᐳᐊᐧᑐᐠ ᐊᒋᒧᐃᑲᐤ ᐅᑕᐢᑕᒪᒍᑭᐱ
ᑭᓇᐤ ᐅᑯ+ ᑫ ᓇᐢᑲᐤᓂᑲᒋᒪᑐᐠ ᓇᑐᔪ ᒣᐯ
ᑭᑕᔦᑯᐢᒋᑕᐸᑯᒋᒪᐊ· ᑭᓇᐤ ᐊᐱᐢᑐᑐᑭ
ᑯᑲᐯᑕᐱᐊ·ᑐᒣᓇᐁᓂᑭ ᐅᑐᑲᑭᒋᒪᓂᐢ
ᑫ ᐊᐊ·ᒋᒧ ᐃᑲ ᐅᑲᑭᒋᒪᓂᐢ ᑫ ᐁᑲᑭᒪᐁᓇᐁᓂᑭ
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(17) ᑲ* ᑕ ᐁ ᐸᒫ ᐱᒋ ᐊ =

ᑫ ᐳ ᔦ ᑭᔐᐤ ᐅᑐᑳᑭᒋᒪᓂᐢ ᑫ ᓇᐅᔦ
ᐊ ᐘᒋᒍ ᐃᑳᐅᑳᑭᒋᒪᓂᐢ

II) The Sacraments & grace of God -

ᒪᒉᑯᓚᐱᒋᐸ − = ᓴᐁᓇᓇᑐᐢᑭ ᑭᔐᐤ
ᐅᓀᑐᔕ^ᐳᒥᓀᐤ ᒪᓀᔦᑯᐢᑯᐯᒋᑳᐯᓀᐱᐘᑐᐢᐸ
ᐅᑐᑳᑭᒋᒪᓂᐢ = ᐅᑫ ᑭᔐᐤ ᐊᔦᑯᐢᑐᐢᑯᑭ
ᐅᓀᑐᔕ^ᐳᒥᓀᐤ ᐃᑳᒋᒍᐃᑳᐅᑭ ᑫ
ᑳᐯᓇᐸᓂᒋᑭ ᑫ ᑳᐸᑐᐊᐱᐅᔦᑭ =

ᑭᔐᐤ ᐅᐢᑯ+ ᒣᒋ^ ᔦᔐ^~ ᐃᑯᑭ ᐃᑭᒋᑳᑦ
ᐃᓀᐘᑐᐊᐱ^ᑐᑐ−ᐱᐢ ᐊᐢᑯᒣᓀᐱᐘᑐᐢᓴ
ᐅᓀᑐᔕ^ᐳᒥᓀᐤ = ᐊᓂ^ᑐᐢᐱᐊ 1) ᓇᑐᐊᐳᒐᑭᐡ
2) ᓇᑐᔕᑳᐢᑭᒥᓇᑭᐡ 3) ᓇᑐᐊᐱᐅᐢᑭᐡ
4) ᓇᑐᐊᐯᓴ ᓇᒍᐢᑭᐡ 5) ᓂ^ᒐᐊᑐᐊᐳᐢᔕᓴᓇᑭᐡ
6) ᓇᑐᐊᐸᑐᔦᐯᑳᐧᓂᐅᑭᐡ 7) ᓇᑐᐊᐳᐢᑫᒥ^ᒋᓇᐳᑭᐡ

1°) Baptism − ᓇᑐᐊᐳᒐᑭᐡ ᐃᐁᓴᓂ
ᐃᐱᐳᑳᐸᐱ ᐸᐢᒐᐱᑭᐡ ᑫ ᐃᑐᑯᑭᒍ ᑭ ᑭᔐᐤ
ᐊᐱ^ᑐᑐᑭ ᑫ ᐃᓀᔦᑯᐢᑯ−ᐳᒪᐅᐱ =
ᐃᔔᑯᐢᑯᐘᐱ ᓇᑐᐊᐳᒐᑭᐡ = ᑲᓀᐊᑐᐊᐳᒐ
ᒪᑐᐢᑯᑐᑲᒍᒋᐱᐊᐘ− =
ᓇᑐᔦᐯᑳᐤ ᐊᔦᑲᑐᐊᐳᒐᑭ ᑫ ᓴᐁᓇᑯᔓᓴ
ᓇᑐᔦᐯᑳᐤ ᐅᑭᐘᐯᓀ̌ᐱ ᐃᑯᓀᑐᐊᐳᒋ
ᐊᔦ`ᓴᓂ =

ᐁᐁ ᐃᓀᓂ^ᓀᑐᐊᐳᒐ ᒪᓀᐱ = ᐅᓂ^
ᐃᓀᐘᒋᐃᔐᒍᐊ ᐅᐢᑭ ᑫ ᐃᓀᐘᓂ^ᓀ
ᑭᓀᑐᐊᐳᒍ ᐅᓂᒪ ᑫ ᐅᐢᑯᐃᒪ ᑫ

(18) ᑕᑐᐅᑕᐠ ᐅᒋᓂᑲᓯᑦ = ᐱ
ᐱᒋᐅᕐᓴᐳᑲᐚᓯᓴ ᐳᑲ ᐊᕐᑫᓐᑕᒪᑐᐊᐳᒪᕐᓴ =
ᐃᑕᑐᐊᐳᒪᔭ ᒪᑕᐱˣ ᑕᒥᑐˣᑲ =
ᑕᑐᐊᐳᒪˣ ᐊᔭᐧᓯᑕᐯᐧᑯᐋᑐᒋᐊ
ᑲᓂᐧᓯᓐᑖᐸᑐᓭᑕᐱᑭᓯᔅ ᑫ ᐊᔭᐧᓯᑯᒣᑕᑐᓴᔭ
ᒣᑯᓐ ᐧᓯᓐᐟ (Jesus Christ) ᑫ ᐊᔭᑫᑕᐱᐋᑐᒋᔭ
ᑭᑕᐟ ᐅᑐ ᑲᑭᒋᒪᓃᔅ ᑫ ᐊᐋᒋᒍᐃᑲᐅᑲᑭᒋᒪᓃᔅ
2º Confirmation.– ᑕᑐᓴ ᑳᑭᒥᑕᑭᓯᐟ
ᐃᒋˣᐳᒍᑭ ᑕᑐᐅᑕᐠ ᐋᐧᐸᑲᑐᕐᓴ ᑭᑕᒋᒍᐃᑲᑕᐟ
ᑫ ᐋᑰᑑᓯᓐᑯᐋᐧᕐᓴ ᒪᑲᐸᑐᓴ =
ᐅᒫᑲᑐᔭᐯᑲᐟ ᐊᑖᑲᐅᐠ ᐃᑯᑑᑯ ᑭ
ᑕᑐᓴ ᑳᑭᒥᑕᑭᓯᐟ = ᑫ ᐊᒍᔭ ᑕᑐᐊ ᐱᓐᑐᑕᑭᓯᐟ
ᐃᑑᑯᑕᔭ ᒪᑕᐱˣ ᑕᒥᑐˣᑲ =
3º The Holy Eucharist – A) Holy Communion
ᑕᑐᐊᐱᐆᓯᐟ ᐊᓂᓐᑕᐱ ᑭᑕᐟ ᒣᑯᓐᐧᓴᐃᓯᐟ ᐅᓐᑐᑦ
ᑫ ᐅᒪᐸᐟ ᐅᑕᐠ ᑫ ᐅᑕᑐᐊᐱᓯᐟ ᑫ ᑕᐅᐠ
ᐅᓐᑐᓴ ᒣᑯᓐᐧᓴᐃᓯᐟ (Jesus-Christ) =
ᑯᑯ+ ᐃᑕᔭᐧᓴᓂᑖᐱ ᐁᓂᑲᓴ ᒣᑯᓐᐧᓴᐃᓇᐟ
ᐱᒋᒋᓐᒪ ᐅᑰᑭ ᑕᑐᐊᐱᐆᓯᐟ = ᐃᑖᒍᐊᒥᐋᐧᓯ
ᑕᐸᐃᐟ ᑫ ᒥᓂᐆᑭ ᑫ ᐃᑖᐊᐱᐅᕓᐊᒋᐁᐧˣ
ᐅᑐᑐᒫᑲᑐᔭᐯᑲᐧᒥˣ ᑫ ᐃᑐᑰᒋᐁᐧˣ ᐅᓐᑐᐊᐧᐊᐧ
ᑫ ᐊᔭᐧᓴᓐᑕᐸᑰᔭᑐᔭᐯᑲᐧˣ ᒫᑲᑐᑳᐋᐧᓂᓐᒋᓵ =
ᑕᑐᐊᐱᐅᕓᑭ ᓂᑕᐯᑯ–ᐱ ᑭᑕᐟ ᐅᓐᑐᑦ ᑫ
ᐅᒪᐸᐟ ᐅᑕᐠ ᑫ ᐅᑕᑐᐊᐱᓯᐟ =
ᒪᑲᑐᐊᐱᐅᕓᓂᑭ ᐁᑐᒣᑕᐸᓂᓯᐟ ᑕᑲ
ᐃˣᑐᑕᑕᐱᐸᒫᐱᓯᐊ ᐃᐸᑐᕓˣ ᐅᐸᒫᐱᑯᐊᐁᐧ

ᑫ ᐅᒧᐦᒣᑕᒋᑫᑯᑯᐦᐱ ᐱᓇᐅᐳᐟ ᑫ (19)
ᐱᐁᓯᒥᐟ ᑫ ᑯᑲᐱᐢᑐᑐᐦᓯᐟ =
ᐁᐧᓯᐢᑕᑐ ᐊᐱᐅᐳᓂᑭ ᐱᓇᓂᑕᑭᐟ ᑲᐦᑫᓴᐧᓯᔭ =
ᐁᐸᐦᒋᐧᔭᓴᒪᒋᒧᐃᑲᐟ ᑲᐦᑲᑐᐳᒪᐦᔭ ᑭᓇᐠ ᑫ
ᑲᐦᐧᔭᐧᓯᒪᒋᒪᐦᔭ ᑲᐦᑯᑲᒪᓂᐢᑕᐦᔭ ᑫ
ᑲᐦᐧᔭᐧᓯᐢᑐ ᐊᐧᑐᐦᔭ =
ᐁᑲᑭᒪᐟ ᑲᐦᐧᔭᑲᐸᑐᐊᐱᐅᐳᔭ = ᐃᕽᑕᑲᓇᐱ
ᓇᑐᐊᐱᐅᐦᓯᐠ = ᐃᒋᕽᐳᒧ ᑭ ᑭᓇᐠ ᐊᐱᐢᑐᑐ ᑭ
ᐊᐦᐧᓯᑕᐸᐦᓴᐯᐃᑕᐱᐅᐧᔭ ᑫ ᐊᕽᑕᐸᐦᒐᐱᑯᐧᔭ
ᑫ ᐊᐦᑯᑕᒣᐢᓴᒪᐅᔭ =
B. Mass_ ᐊᑐᐊᐱᑭ-ᑕᑭᔭ ᓇᑐᔕᐯᑲᐠ
ᐁᓂᑲᔪ ᐃᒋᐱᑲᐸᐯᐢᑐᒋᐨ ᓇᑐᐊᐱᐅᐦᓯᐠ =
ᓇᑐᐊᐱᑭ-ᑕᑭᓯᐠ ᐁᓂ ᐊᓂᐢᑕᐱ ᑭᓇᐠ ᐅᐦᑯᐩ
ᐃᑌᑭᒋᒋᐅᐦᓯ ᐃᒋᐱᑲᐦᒧᐊᒥ ᐊᐧᓯ ᓇᐸᐃᑫᑕᐠ
ᑫ ᒥᓂᐅᐦᑭ ᑫ ᐃ-ᐱᑯᐦᓴᒋ ᐅᓂ
ᒪᓂᐢᑎ-ᐱᑯᐦᐢᐱ ᐁᓴᒧᐩ ᐅᒋᑕᐁᐧᐃᐢᑕᐦᐱ =
ᐅᒋᑕᐁᐧᐃᐢᑕᐦᐱ ᑭᓇᐠ ᐅᐦᑯᐩ ᓂᑕᐯᐢᐱᑯᐦᓴᒋ
ᐅᓂ = ᐅᐢᑐᐨ ᐃᒋᐧᓯᐢᑐᐧᔭ ᐃᐟ ᑫ ᐅᒐᐸᐠ
ᐃᑌᒋᓂᔭ ᑭᒥᐢᑲ ᑫ ᐃᒣᓂ = ᓂᑕᐳᐦᑕᐦᒧᐁᓂ
ᐧᓯᐢᑐ ᓇᐠ ᒪᐦᐧᔭᑲᒧᒋᐱᐅᑭᔭ =
ᐅᑫ ᐊᑐᐊᐱᑭ-ᑕᑭᔭ ᓇᑐᔕᐯᑲᐠ ᑭᓇᐠ
ᐅᐦᑯᐩ ᓂᑐᐩ ᒪᒣᐱᑲᓂᐢᒋ = ᒥᐧᓯᐢᑕᑕᓂᐁᓂ ᑫ
ᑲᐧᓴᐁᓇᐊ =ᑫᐁ ᓂᒋ ᓂᑕᐯᐱᑲᐱ ᑫ
ᓂᑕᐸᒋᒪᐱ =
ᑲᐦᑯᐦᑌᑯᑲᐸᓴᒋᔭ ᓇᑐᐊᐱᑭ-ᑕᑭᓯᐠ ᑫ
ᑲᐦᑫᑯᑲᐱᐳᐢᒋᔭ ᐁᓂ ᐊᓂᐢᑌᐧᓯᒥᐢᑕᐟ

(20) ᓂ ᒥᐧᓯᐢᒣ ᑕ̄ ᐱ ᐁ ᓂᐧ ᐃᒋᐧᓯᐢᑐᐧᓴᐦᐱ ᑭᓇᐤ

ᐅᐦᑯ +

4° Penance – ᓇᑐ ᐊᐯᓴ ᓇᒧᐦᓯᐤ ᐃᑌᓴ ᓂᐱᐊ

ᑭᑕᐊᐧᒋᐸᐦᒐᐱᓯᓄᓂᔕ =

ᑲᐦᑯᑲᒧᒣ ᓇᐸᓂᓯᓴ ᐁᓀᐊᓂᐢᒋᐟ

1) ᐁᑐᒧᑲᒪ ᓂᐢᑐᐟ ᑭᓇᐤ ᐅᑕᔦᐢᐳᒥᑕᐤ

2) ᐊᐸᐁᐢᑭᐢᑲᒋᐟ ᑭᐸᐦᒐᐱᓯᔕ

3) ᓂᑕᐳᐦᑐᐦᑯᓂᒧᐦᓯᐟ

4) ᐃᕷᑲᓂᐢᑌᐃᒋᐦᑕᐟ ᑲᐦ×ᑕᐊᒣᐸᐦᒐᐱᓯᓴ

5) ᒉᐳᑫᒋᓂᑯᐢ ᓇᑐᔭᐯᑳᐤ ᑭᑐᐦᑲᓀᐸᐦᒐᐱᓯᔕ

ᑫ ᒪᓂᐢᒍᐦᐱᐊ

6) ᓇᑐᔭᐯᑳᐤ ᐁᓴᓇᒧᒋᓂᑭ ᑭᐸᐦᒐᐱᓯᔕ

ᐁᓀ ᐊᓂᐢᑕᒋᒧᐃᑲᐟ ᐊᕷ ᓂᓇ ᐊᐱᐢᑐᑐᑭ

ᓂᒋᑯᐦᑐᐦᑯᓂᒧᐦᓯ ᑭᒧᐦᑐᐧᓯᐢᑐᑐᐦᓴ

ᓂ ᐸᐦᒐᐱᓯᔕ = ᓂᒋᐧᓴᑯᐳᐦᐤ ᓇᐦᑫᑕᐳᐦᓴ

ᐅᒪᐦᑯᐦᐸᑯᐁᒋ ᑫ ᓇᐦ×ᑕᐁᑐᑐᐦᓴ ᑯᑯᐊ

ᐢᐳᐦ– ᑫ ᑭᓂᑕᐸᓂᐢᑕᐱᓯ ᑲᐦᑲᑯᒥᒧᑯᐦᓴ =

ᐁᐅ ᓂᒧᐦᑐᐦᑯᓂᒧᐦᓯ = ᓄᐦᐧᓴᓇᒧᑭᐟ ᑫ

ᓂᑕᔭᑯᐦᑐᑯᐦᑯᔭᒍᐦᓯ ᑫ ᑭᑕᑐᔦᐢᐳᒥᑕᐤ

ᓂᑕᔭᑯᐦᐱᑲᑭᒪ ᓇᐦ×ᑕᐊᒣᐸᐦᒐᐱᓯᓴ =

7) ᐁᐧᓯᐢᒣᓇᐸᓂᓯᓂᑭ ᐁᐸᐦᒋᐧᓴᓴᒪᒋᒧᐃᑲᐟ

ᑲᐦᐧᓴᐧᓯᒪᒋᒪᐦᓴ ᑭᓄᐤ ᑫ ᑲᐦᑭᑫᐳᓂᑕᑐᐦᓴ

ᑭᐸᐦᒐᐱᓯᔕ

8) ᐁᑲᑭᒪᐟ ᑲᐦᐧᓴᑲᐯᓇᐸᓂᓯᓴ =

ᐱᓀᓴᒧᐦᐸᐸ ᐊᐧᐊᐧᐦᑲᐟ ᑭᐸᐦᒐᐱᓯᔕ =

(21) 5° Extreme-Unction. - ᑎᑐᐊᐳᐦᐳᔦᓴᑕᑭᓯ)
ᐃᑐᒄᑕᔭ ᐊᐋᒋᒧᐃᑲ× ᐃᑯᑦᑯᐦᓯᓴ ᑫ
ᐃ-ᐳᒧᐋᔭ ᒪᐦᓴᑭᐁᓴ ᑫ ᐁᒋᒋ ᐃᑕᔭᑯᑯᒣᑲᒧᑕ× =

6° Holy Order. ᑎᑐᐊᐸᑐᔭᐯᑳᓂᐅᓯ)
ᐃᑕᑐᐊᐱᐢᑐᑐᐋᔭ ᐢᒋᑭ× ᓂᑎ×
ᒪᐦᑲᑐᔭᐯᑳᑎᓯᓴ ᑫ ᒪᐦᑯᒪᐦᑲᑐᔭᐯᑳᑎᓯᓴ =
ᐃ×ᑲᐁᑭᒥᓴ ᐊᓂ× ᑎᑐᔭᐯᑳ× ᑕᑲ
ᐃᑕᐦᒍᐊᐱᐊ ᐊᐱᐢᑐᑐᑭ ᐊᑎᒪᐠᓴᐦᑯᐨ
ᒪᐦᐠᓴ ᑲᒧᒋᐱᐋᐦᓴ ᒪᑕᐱ×

7° Matrimony. ᑎᑐᐊᐳᐦᑫᒥᐢᒋᑎᐴᓯ)
ᐃᐅᐢᐳᒧᐋᔭ ᓂᑎ ᑫ ᐊᑫ ᒪᐦᑭᑕᒧᐦᐳᑲᐱᒧᒋᓴ
ᑫ ᒪᐦᑲᐦᓴᐢᑕᐋᑕᐦᓴ ᐅᑯᑰᐋᐍ×
ᐃᐳᑲᑐᐊ ᐱᐢᑐᑐᐋᐍ× ᒪᑐᐦᑯᑐᑎᐋᐍᐠᑯ ᐊᒋᐍ×

m) Future Life - ᐁᐢᑲᐦᓴ ᐁᐢᐠᓯᓂᐠ ᐊᒧᔭ
ᑭᑏ) ᒣᑰᐢ.ᐅᐃᐢ ᐅᑕᓂᓯ) ᑫᒪᑯᐦᑲᐁᑎᑎᑐᒣᓂᑭ
ᑲᐁᐠᓴᐦᑯᐨ ᒐ ᑭᑕᔭᑯᐦᒋᑭᐸ ᐁᑲᒣᑕᐳᐁᓂᑭ
ᐅᒪᐦᑯᐦᐸᑯᐁᒋ =
ᐁᓂᓴ ᒪᑕᐱ ᐅᑕᐠ ᒪᑕᔭᐠᓴᓂᐋ- ᑫ
ᐊᔭᐠᑯᑕᒧᑲᑭᒋᒪᑕ = ᐁᑲᒣᐠᓯᐢᐅᓴᑎᒧᐋᐦᑭ
ᐅᐸᐦᒐᐱᓯᔕ ᐊᔭᐠᑯᑕᒧᑐᐁᑎᓴ ᐊᐱᐢᑐᑐᑭ =
ᐁᑲᒥᐳᒪᑐᐦᓴ ᐢᒋᑭᔕ ᑐᐁᐸᐦᒐᐱᓯᔕ
ᐊᔭᐠᓴᑭᐱᑕᐳ ᑲᒧᑕᐦᐳᐦᐸᑯᐁᒋ ᑫ
ᐊᔭᑯᑕᒣᐢᑕᐯᐢᐳᒧ =
ᐁᑲᒥᐳᒪᑐᐦᓴ ᐅᑐᒪᐦᐠᓯᐸᐦᒐᐱᓯᔕ ᑫ
ᐊᔭᑫᑕᐳ ᐅᒪᐦᑯᐦᐸᑯᐁᒋ ᑫ ᐁᓂᒪᓴ
ᐊᔭᑫᐢᑲᐦᓴ ᐊᐢᒋᐢᒧᓴ =

(22) ᐁᑐᒧᕙ ᐅᒋᒋᓀᓚᐢᐱ ᐊᐱᓐᑐᑐᑭ ᑳᓃᐧᔅᑯᐨ
ᐊᔦᐧᕙᑯᐊᐧᒉᒋᒋ ᑫ ᐁᓂˣ ᐊᔦᑯᐢᑳᓃᐊᒋᒋᐳᐊᐧᔦ
ᑫ ᐊᔦᑲᒋᓀᑫᓚᐱᐊᐧᓯᔦ ᑫ ᐁᓂᑲᕗ ᑭᔖᐟ
ᐅᐢᑯ+ ᐊᔦᑲᑐᑐ ᒫᐢᑯᐢᑳᓃ ᐅᑲᑭᒋᒪᑭᕙ =
ᑫᓂᑲᕗ ᒪᓚᐱˣ ᐊᔦᑭᐱᓚᐳᔦ ᐅᓀᑐᒧᐊᐧᐁᐧᐢ
ᐺᐢᑐ ᓀᐳᐢ ᒣᐢᑐ ᐅᒪᐢᑯᐢᐸᑯᐁᒋ ᑫ
ᐊᒧᔦ ᒫᓚᔦᐧᕙᐸᐁᓚᐱᐃᓯᐟ ᒪᓚᔦᑯᐢᑯᐁᒋᓂᑲᓈᐧᐣ =
= ᐁᓃ = ᓂᓚᐯᑲᑭᒪᐠ ᑳᐢᑯᐢᑯᑯᑐᑐᐢᕙ
ᑭᔖᐟ ᐅᑯᐊ ᓀᐳᐢ—

A Christian's Rule of life:

ᓂᓚᔦᐧᕙᐸᐁᓚᐱᐱᐊ ᐊᐢᑐᐊᐧᒋᒧᐃᑲˣ ~.

I) Remember that you are a Christian.

ᑭᒋᓚᑐᐊ ᐱᓐᑐᑐᑯᐢᐱ ᑭᔖᐟ ᑭᒋᑐᑯᓯᒧᐠ
ᑫ ᑭᒋᒋᐧᓯᓀᑐᐊᐧᓚ ᑳᐢᐧᕙᓚᐱᐊᐧᑐᐢᕙ
ᐅᓚᒋᒧᐃᑳᐟ ᑳᓂᓀᓚᔦᐧᕙᑐᑯᓚᐱᐃᐱ =
ᐁᓀᐧᓯᓂᐠ ᐁᓃ ᐊᓂᓀᓚᐱ ᐊᓂᓀᒋ ᐧᓯᓀᒋᑯᐢ
ᑫ ᒪᓂᑯᐸᐁᓚᐱᐃᐱᐊ ᓂᓚᐸᐢᑐᐊᐧᒋᒧᐃᑲˣ
ᐁᓃ ᐊᓂᑯᓛᐱᐃᐠ =
ᐊᓂᓀᒋ ᐧᓯᓀᒋᑯᐢ ᐁᓃ ᐊᓂᑌᐧᓯᒥᓀᓚᐠ
ᓂᒋᑭᐱᓛᐱ ᐊᔖᒪᐧᐢᑯᐨ ᑫ ᓂᓚᔦᐧᕙᑲᑭᒪ
ᔖᐢᑯᓚᑯᑐᑐᐢᕙ ᑭᔖᐟ ᐅᑯᐊ ᓀᐳᐢ—

II) Morning and Evening Prayers —

ᑭᓀᑳᓃᐳ ᐊᐧᐁᓂᑭ ᑯᓚᒪᑐᐊᐯᐧᓯᔖᐢᓯᐠ =
ᑫᓂᑲᕗ ᑲᐳᐳᐱᓀᑐᐧᓯᑐᔖᐱᐠ ᑫ
ᐊᐊᐧᒋᒧᐃᑲᐠ ᑳᐢᑯᐢᓚᐢᕙᐧᓯᓀᒋᑯᒥᕙ =

ᐊᔭᐧᒋᑲᐁᓂᑭ ᓇᐢᑲᑐ ᐱᐢᑐᐠᓯᐢᓴᓇ ᐱ- (23)
ᑫ ᐊᐊᐧᒋᑐ ᐃᑲ- ᑫ ᐊᑐᐊᐯᐠᓯᓇᐢᓯ-
ᑫ ᐁᒋᒋᑭ ᑭᑐᐢᑫᒪᐤ ᑫ ᒍᒍᓯ×
ᑲᓀ ᐅᐢᐳ ᑲᒋᑐ ᐃᑲ- =
ᑲᓚ ᐊᐊᐧᒋᑐ ᐃᑲ ᒪᑐᐢᒍᓚᐢᓴᐯᐃᓚᐱᐊᐧ-
ᑫ ᒪᓚᔭᒍᐢᒍᐤᑐᑐᐊ- ᐢᐳᐢ- =

III) Before and After Meals —

ᐊᔭᐧᒋᐹᓂᑭ ᐊᑐᐊᐯᐠᓯᓇᐢᓯ- ᑫ
ᐁᓇ ᑲᒋᑐ ᐃᑲ- ᑫ ᐁᐧᓯᐢᒎᐹᓂᑭ ᐁᓀ
ᓇᐢᑲᓚᓂᐢᒋ- =ᐱᓇᐢᑐᐹᓯ- ᑲᐢᑲᐊᐧᒋᑐᐃᑲᐢᑫ =

IV) Hear Mass on Sundays —

ᑲᓀ ᐊᑐᓱᐠᓯᐢᒋᒍᐢᑫ ᐁᑲᑭᒪ- ᑲᐢᑫᓚᐳᐢᑫ
ᐃᓚᐊᐧᒋᑐᐃᑲᐅᐱ = ᐊᐱᐢᑐᑐ ᑭ ᐃᒋᐱᐢᓚᐱ
ᐅᒥᒪ ᑫ ᑭᒋᐱᐢᓚᕽᒍ` =

V) The Scapular & the Rosary Beads —

ᐱᓀᐳᒋ- ᑭᓚᑐᐊᐯᐱᐢᒋ ᐅᐢᑭᐳ ᑫ
ᑭᓚᑐᓱᐠᓯᐢᒋᒪᓂ× = ᐃᐸᐸᐊᐧᐊᐧᐢᑲ-
ᐊᐧᓂᐢᒋᐠᓯᐢᒋᒍᐢ ᑫ ᐃᐸᕽᑲ- ᑫ
ᓇᑐᓱ ᒣᔦ ᑭᓚᔭᒍᐢᑌᐢᑭᐢᑲᒧ`

VI) Abstinence & Fast —

ᑲᓀᐊᐁᐧᐃᐢᓚ ᐠᓯᐢᒋᒍᐢ ᐱᓂᒎ-
ᐁᐧᓯᓴᒍ =ᑫ ᐁᐧᐢᓯᓂ- ᒧᑐᐅᒪᐢᑲᕽᒋᒥᐢᓚᐤ
ᑫ ᐱᓇᐢᑐᓂ- ᑲᐢᑫᕽᒋᒥᐢᓚᓯᑫ =

VII. Frequent Confession & Communion.

ᐁᑲᑭᒪ- ᑲᐢᑫᑲᐯᓇᐸᓂᓯᑫ ᑫ ᑲᐢᑫᑲᐸᑐᐅᕽᑫ
ᑫ ᓂᓚᐯᑲᑭᒪ- ᐁᓀ ᑲᐢ ᑲᓂᐢᒋᑫ

(24) ᒧ ᑐ ᒪᒃᑲᑐᔦᐧᐢᒋᑎᑯᐠ ᑫ ᓀᑐ ᒪᒃᑲᑐᔦᐧᐢᒋᑎᑯᐠ =
ᒪᑐᒃᑯ-ᑯᓇᒐᐱᐊᐁᐧᐣ ᑯᐢᑭᒋᐸᒃᐱ ᓇ ᓂᐣ
ᓴ ᐁᑲᐸᑐ ᐊᐱᐅᔦ ᑭ = ᓂᒐᐸᒋᒧ ᐃ ᑲᕽ
ᐃᑌᑲᑭᒪᔭ ᒪᒃᑲᑐᐊᐱᐅᔦᓴ ᑲᓂᐊᑐᔦᐧᐢᒋᑎᑯᐠ =
viii) Holy water – ᑯᑯᐊ ᒪᒃᑫᐢᑲᒃᐠ ᐃᒋᐱᐢᑌᐃᒋᐠ
ᓇᑐᐊᔮᒃᑭ ᑫ ᓇᑐᐊᐸᓇᑭᒪᒋᐢ ᑫ
ᐊᐁᐧᐃᐢᒐ ᑫ ᐢᒋᑭᐣ ᓇᑐᐊ ᐱᓯᓇᑭᓯᐣ
ᑲᒃᑯᒃᑫᐢᒐᐱᐢᑯᐊᐧᒃᐠ ᒪᑲᐸᑐᐠ =
ᐃᑯᒃᑯᒥᐠ ᐧᓯᐢᒋᑯᐦ ᑫ ᐁᑲᒣᑐᑐᐁᓂᑭ
ᐃᐢᑲᓇᐱ ᒐᒐᒧᒃᐸᑐᐊᐯᐧᓯᓇᒃᓯ-
ᓇᑐᐊᔮᒃᑭ ᑫ ᐊᓇᑭ- ᓇᑐᐊᐸᓇᑭᒪᒋᐢ
ᑫ ᑭᓇᐤ ᑭᒐᔭᑯᒃᑌᐢᑭᐢᑲᒧᐠ
ix – Work – ᐊᔮᒐᑭ- ᐊᓂᐢᒋᐧᓯᐢᒋᑯᐣ
ᑲᒃᑯᒃᒐᓂᐢᒋᑐᐊᐧᒃᐠ ᐊᐱᐢᑐᑐ ᑭ =
ᐊᐱᐢᑐᑐ ᑭ ᐊᐊᐧᓂᑭ ᐱᓂᔭᒣᒑᐱ-
ᐁᐢᑲᒃᐠᐁᓯᓇᓯ- =
x. The Remembrance of God's presence –
ᐊᓂᐢᒋᐧᓯᐢᒋᑯᐣ ᐁᓀ ᐊᓂᐢᑌᐧᓯ ᒥᐢᒐ-
ᑭᓇᐤ ᓂᒐᓴᒧᐠ ᑭᓇᐤ ᓂᒐᔦᒃᑐᐠ =
ᑫᓂᑲᔦ ᐁᐢᑭᐢᑲᒋ- ᑭᒋᒋᒃᒐᐤ ᑫ
ᑯᐢᑭᒋᐸᒃᐱ ᑭᒋᔮᐅᒃᓯᐤ ᑫ ᑭᒐᓂᐢᒋᓱᐣ
ᑲᕽᒐ ᐅᐧᓯᐢᑐᑐᐊᒃᐠ ᑭᓇᐤ ᐊᐱᐢᑐᑐ ᑭ =
xi. In temptation – ᐁᑲᒣᐧᓯᒥᐢᒐᒋ ᓂᑭ
ᒪᑲᐸᑐᐠ ᑲᐢᐠᐸᒃᓫᐱᓯᐠ ᒐᒐᒣᑲᑭᒪ-
ᐱᓇ ᔦᐢᒋᐢ ᒪᑲᐸᑐᐠ ᑫ ᐱᓇᓂᐢᒋᑐᐢ =
ᒐᒐᒪᒋᒧᐃᑲ- ᐊᓂ- ᐊᔦ ᓂᓇ ᐊᐱᐢᑐᑐ ᑭ

ᐊᐸ ᑌᒍᔦ ᒣᐯ ᐊᐸ ᓂᓚᒍᔦᓚᐱᑦ
ᐣᐳᒧᑭᐠ ᒣᐣᓚᐱ-ᕒᓚᒧᑭᐠ ᒪᑲᐸᒍᔦ =
ᑫ ᐁᑲᒣᐸᑦᒐᐱᕒᓂᑭ ᒌᓚᒧᑦᑯᓂᒧᑦᕒ- ᑫ
ᐅᕓᓚᑭ- ᑲᐢᔦᑌᐸᓂᕒᔦ=ᐱᕓᔅᒧᑦᐸᑦᐋᐧᐊᐧᑦᑲᐟ
ᑭ ᐸᑦᒐᐱᕒᔖ =

XIII. In affliction ᐁᑲᒣᑭᒪᒍᑦᑯᔦᓂᑭ
ᐱᑌᑦᓚᐣᒣᓚᑭ- ᑫ ᐱᑌᑦᒍᑭᒥᐣ ᐊᐱᐣᒍᒍᑭ=
ᓂᒍᑦᑲᓂᐣᒣᒋᒋ ᐅᑯᑦᑯᔦᕒᐠ ᑲᕓ-ᔅᑦᑯᒐ =
ᑫᕓᑲᔦ ᐁᑲᑭᒪᐟ ᒥᒋᑦᓚᐟ ᑫ ᑭᒍᑯᑦᑯᔦᕒᐠ
ᑭᓚᔭᑯᑦᒣᐳᓂᓚᒍᑦᐱᐊ ᑭ ᐸᑦᒐᐱᕒᔖ ᑫ
ᑭᑌᐠ ᑭᓚᔭᑯᑦᐡᔅᑭᑌᑦᔅᐠ ᐃᒌᐅᑦᒋᐠ =
ᑫ ᐊᐊᐧᒋᒧᐃᑲ- ᔅᒥᐣ ᐊᐁᐧᐃᐣᓚ ᑫ
ᐅᑲᒪᓂᐣᒋᐣ ᑭᑌᐠ ᑲᑦᕽᐳᒧᕙᔦ =

XIV. Visits to the Blessed Sacrament.
ᐊᐸᐅᒪᑦᑲᐁᓂᑭ ᑫ ᐁᑲᒧᑦᒍᐁᓂᑭ ᐃᓚᐊᐧᒋᒧᐃᑲᐅᐱ
ᒌᓚᒣᑭᐯᒋᐱ" ᑫ ᑲᕙᐳᐱᐣᒍ-ᕒᔅᑌ ᐱᐟ
ᑲᑦᕽᔦ-ᕒᒪᒋᒪᑦᔦ ᑭᑌᐠ ᐊᐱᐣᒍᒍᑭ ᑫ
ᑭᑌᐠ ᑭᓚᔭᑯᑦᒣᑭᒧᐠ

XV Charity towards our Neighbor.
ᑲᕓᑭᒥᔅ ᒪᓚᐱx ᑫ ᑲᓂᐣᒍᑦᑯ-ᐳᒧᐊᐧᑦᐱᐊ
ᑭᒪᓚᐱᕒ* ᐁᕓ ᑲᑦᑲᓂᐣᐡᐣᐳᒧᐊᐧᑦᔅ ᑫ
ᐊᐱᐣᒍᒍᑭ ᑭᓚᔭᑯᑦᐡᔅᑭᑌᑦᔅᐠ =
ᐣᐳᒧᔅ ᐊᕙᑦᒍᑯᑦᕒx ᐅᒍᐁᑌᔅ ᑫ
ᐁᑲᒥᑯᑦᒍᑯᑦᕒᔅ ᐁᑲᑦᑭᒥᓂᔅ ᒪᑦᑲᒍᐊᐱᐣᒍᒍᐊᐧᑦᔅ =
ᐱᑌᐣᒍᓂ- ᑲᑦ-ᔦᕒᑌᔅᓚᑦᔅ ᐁᓂx ᑫ ᑭᑌᐠ
ᐊᔭᐠᔅᑭᑌᑦᔅᒍᑦ ᑭ ᑭᒪᐱᐱᒋᐠ

(26) ᑭᑐ ᑭᒍ ᑭᕽ ᐱᓂᐳᑐ ᑭᒥᔭ = ᑭᔫ› ᐊᐚᓂ
ᑭᒥᔭ ᑭᑐ ᑭᒍ ᑭᕽ ᑫ ᐊᐚᒋᒍ ᐃ ᑳᑐᒍᔭ
ᑭᒋ ᑭᒪᒋᐣᑐᑐ ᑭᕽ ᑫ ᑭᑐ ᑲᕓᔨᒋ ᐱᔭ ᑭᕽ ᑫ
ᓂᐣᑐᐊ ᑭᓚᔦᑯᐟᐁᔭ ᑭᔫᐟᔭᑐ =
xv. *Duties towards parents, children & relations* -
ᑯᑲᕓᐣᑭᐣᑲᒥᔭ ᑯᑯᔨᕽ ᒫᕽᓚ ᐊᐚᒐᐱᔨᔭ ᑫ
ᒍᑲᑭᐣᑐᑐᔭ ᑫ ᐃᒋᐳᑐᔭ ᐁᐧᔨᓂᒪᐟᑐᐟᑭᐅᕗᐣ
ᒫᑭᐯᐧᔨᓂᒪᒪᒐᐟᔭ ᑫᔫ› ᐅᓚᒋᒍᐃᑲ› =
ᐁᐧᔨᓂᒪᒋᔭ ᑭᓇ ᑫ ᑭᐧᔨᐣᓚ ᑭᒍᐟᐸᐱᕽ ᑫ
ᑭᐧᑯᑯᐊᐁᐧᕽ ᑫ ᐃᕗᐧᕋ ᑳᐟᑭᒥᓂᔭ ᒫᑫᓚᐱᐚᑐᐟᔭ
ᑭᔫ› ᐅᓚᒋᒍᐃᑲ› ᒫᕽᓚᐅᓚᒣᓚᐳᐟᔭ
ᐅᒫᐟᑯᐟᐸᑯᐁᒋ
xv *Lay Baptism.* - ᑲᓂᓚᐱᕽ ᐃᑯᓚᑐᐊᐳᒋᐊ
ᒪᓚᐱ ᐊᔦᐧᕋᓂ = ᐁᓂᑲᐎ ᐁᑲᒪᔦᐧᕋᓂᕋ ᐳᑲᑫ
ᒪᓚᐱ ᑫ ᐁᑲᒣᔭᐁᒋᒋᑭ ᓇᑐᔦᕓᑳ› ᐧᔨᐣᑐᐊ
ᑯᓚᒪᑐᐊᐱᐣᑐᑐᐣ ᐊᔫᐠ ᑲᓚᐅᒪᑐᐊᐳᒐ =
ᒪᓚᑭᐧ ᐅᐟᑭ ᑫ ᐅᓂᐣ ᐃᐣᓚᐚᑯᕗᔫᒍᐣ
ᑫ ᐊᓂᐣᒋᐣ ᑭᓚᑐᐊᐳᒍ ᐅᓂᒪ ᑫ ᐅᐟᑯᐃᒪ
ᑫ ᓇᑐᐅᓚᐠ ᐅᒋᓂᑲᔨᕽ =ᑫᓂᑲᐎ
ᐁᑲᒣᓂᕋ ᐅᓚᐠ ᐊᔦᑯᑲᒍᒋᐱᐊ =
xvi *In dangerous illness* - ᐁᑲᒥᑯᐟᑐᑯᐟᔨᓂᑭ
ᐅᑲᒪᓂᐨ ᑳᐧᕋᓇᐸᓂᔨᕋ ᑫ ᑳᑲᑐᐊᐱᐅᕗᕋ
ᑫ ᑭᔫ› ᑭᓚᔦᑯᐟᐅᐣᐳᒍᐠ = ᒐᐟᑐ ᑭᓚᔦᑯᐣᑲᒍᓚ
ᑫ ᐁᑲᒍᐟᑫᒋᕋ ᑭᔫ› ᐅᒋᒋᐟᓚ› ᐱᓂᐧᕋᑯᐳᐨ
ᑲᑲᐣᓚᑲᒋᐣ ᑭᔫ› ᑫ ᐁᐧᔨᒥᐣᓚᑐᐨ ᑭᔫ›
ᐅᑯᐊ =ᐁᓂᒪᐎ ᑭᔫ› ᑭᓚᔦᐧᕋᐱᐠᔭ ᑭᔫᐟᔭᐠ =

XIX. Learn your Religion

ᑫᒪᐟᒐᑲᐯᐢᐟᐱᓃᒣᓂᑭ ᐊᒧᔭ ᐱᖱᑭᐱ)
ᐱᖱᓂᐢᑌᐃᒋᑦᑕᐟ ᐊᖱᑦᐟ ᓂᑲᐁᒐᐳᔭᐯᐢᐟᐱᓂᐧ
ᓃᑕᐱ = ᓴ ᐃᑲᑲᐅᒣ ᑲᑕ ᐃᑌᐱᓃᐃᐱ
ᐊᖱᒪ =ᒐᑲᐸᔪᐢᒋᐢ ᖱᑐᔭᐯ ᑲᐧ)
ᑲᓃᐊᑐᔪᐟᐱᐢᒋᑯᘓ =
ᐱᖱ ᖱ ᐊᐧᐁᒋᐱᐟ ᐅᒋᑕᒋᒧᐃ ᑲᑦᐱ ᐊ
ᐃᑫᒥᐊᑐᔭᐯ ᑲᐧ× = ᐊᓂ× ᒪᑕᑐᔭᐯᑲᐧᓃᐟᓴ
ᑫ ᐅᑕᒋᒧᐃᑲᖱᐊ ᒪᑕᒥᐊᐧ- ᑭᖱ)
ᐅᑕᒋᒧᐃᑲ) = ᑲᓃᐟᓴᑦᑯᐸ ᐁᒋᒋ ᐅᑲᑭᒋᒪ)
ᐊᑦᓴ ᐊᐧᒋᒧᐃᑲ× ᒪᑦ×ᑕᐁᒋᐱᓴ
ᐅᒋᑌᐢᐟᐱᓂᒪ-ᑐᑦᑲᑐᑦᐱ ᖱᑦᑫᑕᒋᒧᐃᑲ) =

XX. Necessity of Prayer _ᒪᒣᑯᒐᐱᒐᐸ- =

ᒪᓂᐳᑲ ᒪᑐᑦᑯᑕᐊᐧᒣᐳᔪᐳᔪᐊᐧ- ᑫ
ᒪᑐᑦᑯᒣᐳ̄ᒪᑐᐊᐧ- ᓴᐁᐢᐳᒧᒋᓂᑭ ᐅᐧᐱᐢᑕ =
ᑫ ᐟᐱᐢᑐᖱ) ᓂᑐ+ ᓴᐁᐢᐳᒧᑭᔪ ᐊᐱᐢᑐᑐᑭ
ᒪᑕᔭᑯᑯᒣᑕᐱᐊᐧᑐᑦᐸ ᑭᖱ) ᐅᑐᑦᑲᓃᐅᑲᑭᒋᒪᓂᘓ=
ᐅᑫ ᓴᐃᑲᒋᒧᐃᑲᐅᑭ ᒪᑕᔭᐟᔪᖱᖱᑐᑦᐸ
ᑭᖱ) ᐅᑕᑐᔪᐢᐳᒥᑕ) =ᑫᓂᑲᔪ ᐊᐱᐢᑐᑐᑭ
ᐃᑐᑦᑲᓃᐊᓂᑭ ᐊᐊᐧᒋᒧᐃᑲᐟ ᐁᐢᑲᑦᔪᐊᒋᒧᐃᑲᐟ
ᐅᑲᒪᓂᑭᐟ ᑫ ᑭᑕᔭ×ᒣᒧ =
ᑭᒣᑕᒥᑭᐱ) ᐁᓃ ᒪᑦᑲᓂᐢᒋᔪ ᑭᑕᒋᒧᐃᑲ) =
ᐁᐢᑲᑦᔪᓂᑲᒋᒪᒋᐢ ᑭᖱ) ᑫ ᖱᑐᔪ ᒣᐯ

XXI. Forward - ᐁᑲᑭᒪᐟ =ᑭᖱ) ᐊᐱᐢᑐᑐᑭ

ᑭᒋᐟᔪᑭᒧᐟ = ᑭᖱ) ᐃᑐᑦᑭ)ᓂ ᐊᐁᐧᐃᐢᑕ
ᑲᑦᑯᑲᒧᒋᐱ≥ᔪ = ᑭᖱ) ᑭ ᑲᐅᑯᐱᒧᐟ

(28) ᑫ ᑭᒋᒋᐱᐢᑕᐸᐦᑯᐠ ᐅᑯᐊ ᐢᐳᐣ =
ᐁᓂᑲᐘ ᑯᐢᑭᒋᐸᐦᐱ ᑳᐦᑯᐦᑌᒐᐳᑲᑯᒥᒪᐦᐚ
ᐊᐱᐢᑐᑐᑭ ᑫ ᐱᑕᑕᐊ ᐁᓯᐢᓴᑲᑐᐟ
ᑭᑕᒋᒍᐃᑲᐣ = ᐃᒐ ᐅᐦᒋᐠ ᑭᑕᐣ ᐊᐱᐢᑐᑐᑭ
ᑭᑕᔭᐧᒐᐠᓴᑭᑕᐦᓵᐠ = ᐁᑲᑭᒪᐟ

The Promises of our Lord to Saint Margaret Mary in favor of those who practise devotion to his Sacred Heart:

ᑫᐳᔭ ᓇᒋᑯᐳᑐ ᑭᓇᐣ ᐅᐦᑯᐩ ᐅᒋᐢᓯᐢᑐ ᐊᐧ:ᓯᐢ
ᐅᒋᒋᐱᐢᐚᓯᒋᐱᓴᑕᐦᐱ ᓇᑐᐘ ᒪᐦᑲᔦ-ᒣᔦ ᑫ
ᐅᒋᒋᐢᓯᐢᑐᐊᐧᑐᒍᐊᐧᐦᐱ ᐊᓂᕽ ᐊᔭᑲᐢᑕᑲᑐᒥᕽ
ᐅᑕᒋᒪᐳᐢᑭᒋᐸᐦᐱ ᐣᐣ.

ᐁᓂ ᐊᐊᐧᓂ ᑭᓇᐣ ᐅᐦᑯᐩ "

1°) ᓂᑕᔭᑯᐦᑯᑕᔭ ᑳᓀᐅᒥᐊᓂᐢᑕᑐᐊᐱᐢᐳᒥᑕᓃᐢ
ᒫᑯᐦᑖᐦᓴᐯᐃᑕᐱᐃᐅᐢ ᒪᓂᐢᑳᐸᐁᑕᐱᐃᐱᐊ =

2°) ᓂᑕᔭᐢᐘᓂᐳᑐᒍᐊᐧᔭ ᐁᓇᐢᒋᓯᐣ
ᒫᑯᐦᑐᐦᑲᓀᐊᑯᒥᒍᒋᓴ ᒪᓂᐢᑳᐸᐦᑯᐊᐧᒍᒋᐱᐊ =

3°) ᓂᑕᔭᐠᐘᑭᔭᐦᐱᐧᓯᐢᑐᑐᐊᐧᔭ ᐃᐢᑐᐦᑯᓀᑕᑭᓴ =

4°) ᐁᑲᑳᑕᐱᐱᐠᓯᓴ ᓇᐢᑭᒋᐸᐦᐱ ᓂᑕᔭᐠᓯᕽᐳᒍᐊᐧ:
ᐅᒋᓚᑫ ᐊᐯᐃᑕᐱᐃᐱᐊ ᑫ ᐁᓂᓴ
ᓂᑕᔭᑲᐣ ᑭᒪᔭ =

5°) ᓂᑕᔭᐠᓯ ᓇᓴᒋᐱᐊ ᐅᑕᐳᒥᒐᐊᐧᐁᐧᐢ
ᒫᑯᐦᑐᐦᑯ ᐁᐧᒋᓴ =

6°) ᐅᒫᐠᓯᐸᐦᓚᐱᓯᕽ ᐊᔭ ᑭᒋᐱᐢᑐᐦᑯ ᓇᑲᔭ
ᓇᐢᑭᒋᐸᐦᐱ ᒫᐠᓯᐢᑯᐨ ᐅᒍᐦᒣᓴᑲᑯ ᐃᐢᐱ

ᑭᒪᐱᐱᒋ) = ᒧᑐᐸᐢᑭ ᐁᐁ ᐊᓂᑯᐢᑯ (29)
ᓂᒋᑭᒪᐢᐱᐊ =
7ᵉ) ᐁᐱᐢᒋ ᑲᐸᒋᒧᐃᑲˣ ᐊᔭᑯᐢᒣᐢᓚᐯᑲᑭᒪᑐᒋᐊ
ᐅᓚᒋᒧᐃᑲᓇᐊ =
8ᵉ) ᑯ ᑲᐸᒋᒧᐃᑲˣ ᐊᔭᑯᐢᒣᐢᓚᐱᔦᐧᑫᑲᒪᑐᐊᐱᔪᐊ =
9ᵉ) ᓂᓚᔭᐧᔪᓇᔭᒋᐱᐊ ~~ᐊᔭᑯ~~ ᓇᐱᐅᔦᐠ
ᐃᒋᐱᐢᐅᐱᑭᓚᑐᐢᑭ ᓇᐢᑭᒋᐸᐢᐱ ᔪᐁᐃᐱ ᑫ
ᐃᐢᓚᑐᔦᒋᑭ =
10ᵉ) ᓇᑐᔭᐯᑲᐧˣ ᓂᓚᔭᑯᐢᑯᓚᔭ
ᒪᐢᑫᔭᐁᐧᐅᐢᑭᑭᐸᐢᐱᐢᑯᐊᐧᐢᔭ ᑫᒪᐧᔭᐅᒥᒋᓚᐱˣ =
11ᵉ) ᐊᒧˣ ᐊᔭᐧᕋ ᑲᐢᑭᒥ ᓂᐊ ᒪᓚᐱˣ
ᒪᐢᑲᐢᓚᑲᑐᐢᔭ ᓇᐢᑭᒋᐸᐢᐱ ᐅᒋᓂᑲᑯᐊᐧᐁᐧᐠ
ᐊᔭᑭᒋᐱᐢᐅᔪᐁᐃᐱᐊ ᓇᐢᑭᒋᐸᐢᐱ
ᑫ ᒪᓚᔭᑯᓇᐊᐧᐁᕋ ᓂᐱᔭᐁᐧᐠ
12ᵉ) ᓂᑐᒪᐢᐧᔪ ᑭᒪᐱᐱᒋ) ᑭᒧᐢᒣᐧᔪᐢᑐᐊᐧᑐ =
ᓂ ᓂᓚᐸᑯᒋᒪᐢᔭ ᒪᓚᐱˣ ᓂᒧᐢᓚᔭᑯᐢᑯᓚᔭ
ᐊᓂˣ ᐊᔭᑲᑐᐊᐱᐅᔦˣ ᐱᑭᔪᐊ
ᐊᐢᑯᐁᐊᑐᔪˣ ᐅᒧᑐᑐᒪᐁᐧᐃᐢᓚᐧᔪᐢᒋᑯᐢᐱ
ᓂᐢᒐ ᐅᐢᑯᓂᒧᐢᔪ) = ᒪᓚᔭᐧᕋ ᓂᔭᐁᐧˣ
ᐅᒐᐅᒣᕋ ᓇᒧᐊᐧᐢᔭ ᐅᐸᐢᒐᐱᑯᐊᐧᐁᐧᐠ =
ᓇᐢᑭᒋᐸᐢᐱ ᐊᔭᐧᕋᓚᐱᐱᐧᔪᐊ
ᑫ ᐊᔭᑯᐢᒣ ᑲᒧᒋᐱᐊᔭ =
ᐁᐁ ᑭᓇ) ᐊᐊᐧᓂᐢᒋ ᐁᐧˣ ᐊᔭᑲᐢᓚᑲᑐᒥˣ
ᐅᓚᒋᒪᐳᐢᑭᒋᐸᐢᐱ =
ᐃᔦᑯᒣᐃᒋ~ ᐊᒧᐠ ᑭᓇ) ᐅᒋᐧᔪᐢᑐᐊᐧᐢᔪᐠ

(30) Some Words from the Gospel.

ᐁᐢᑭᐢᑲᒋᐟ ᐊᒧᔥ ᑭᓀᐤ ᐅᒋᐳᐅᐦᔨᔥ =
ᐁᓂ ᐊᐊᐧᓂ ᑭᓀᐤ = 1) ᑲᓂ ᐊᑕᒪᐱ ᐊᓀᒪᐠᓴᐦᑯ
ᑲᐦᑯ ᑲᒧᒋᐱᓯᐦᓭ ᑯᑕᐟ =
2) ᑫᒪᑯᐦᑲᓂ ᓀᓀᑐᒣᓂᑭ ᑲᓂᐠᓴᐦᑯᐦ
ᒐ ᑭᑕᓯᑯᐦᒋ ᑭᐸ ᐁᑲᒣᑕᐳᐁᓂᑭ
ᐅᒪᐦᑯᐦᐸᑯᐁᒋ =
3) ᐃᐳᑯ ᒪᐦᑯ ᒧᐦᓴᑯ+ ᐁᑕᐱᒋ ᐅᒪᐦᑯᐦᐸᑯᐁᒋ
ᑫ ᐃᐳᑲᑲᐍᑖᐱᐊ ᐁᓴᐸᑐᒥ× ᐊᒧᓯ ᒪᑲᐳᐦᓭᑯ
ᐃᐳᐠᓭᑭ ᒧᐦᓭᑯ+ ᐁᑕᐱᒋ ᐢᐳᐦᐟ ᑫ
ᐃᐳᑯᓀᒣᑖᐱᐊ ᐁᓴᐸᑐᒥ× ᐊᒧᓯ ᒧᑲᒧᑐᐦᓭᑯ =
4) ᑲᑲᐊᐧᒋᒧᐃᑲᐁᓂᑭ ᑭᒪᑕᓯᑯᐦᑯᒣᑐᑐᐦᐸ
ᐢᐳᐦᐟ = ᐊᓂᐢᑌᐃᒋᐦᑕᐁᓂᑭ ᑲᐦᑯᑕᒣᐢᐳᒧᐦᓭ
ᓭᑲᐯᑕᐱᐊᐧᑐᐟ ᓂᑐᐦᑲᓂ ᐅᑲᑭᒋᒪᓂᔥ =
5) ᒪᑐᐦᑯᒣᐠᔨᐢᑐ ᐊᐳᑐᒧᐊᐧᐁᐧᐠᓴ ᓀᒋᑕᐱ×
ᐊᐱᐢᑐᑐᑭ ᑫ ᒪᑲᐸᑐᓭ =
ᐁᑲᒪᓂᐢᑌᐃᒋᐦᑕᐁᓂᑭ ᑲᐦᑲᐳᑐᒧᐊᐦᓭ ᐊᐱᐢᑐᑐᑭ
ᓭᑕᒣᐠᓭᐊᐧᒋᐢ ᒪᑲᐸᑐᓭ ᑫ ᓂᑕᐯᐠᓭᐊᐧᑐᐟ
ᒪᑲᐸᑐᓭ ᐅᑐᐦᑲᓂ ᐊᐯᐢᑐᑕᑭᔨᔥ ᑫ
ᐅᑐᐦᑲᓂ ᐊᑯᒥᒋᒪᓂᔥ =
6) ᐅᑲᒪᓂᐟ ᑫ ᑭᑕᓯᑯᐦᑯᑯ = ᐢᑐᑭᑲᐟ ᑫ
ᑭᑕᓲᐠᓭᑲᐍ ᐱᐠᔨᐢᑐᒧᑯ = (ᒪᓂᐢᑕᐸᓂᔨᐤ
ᐃᐳᑲᐊᐧᒋᒧ ᐃᑲᐟ ᑫ ᑭᓀᐤ ᑭᑕᓯ×ᐳᒧᐠ)
ᑫᓂ ~ ᓀᐦᑲᓂᐢᒋᑐᐢ ᑭᓀᐤ ᐊᐱᐢᑐᑐᑭ

~.

The Eight Beatitudes ~

ᓀᐦᑲᑌᐣᑭᐣᑲᒋᐠ ᐊᒧᐢ ᑭᓀᑦ ᐅᒋᐳᐅᐦᓯᐢ =

1) ᑲᑕᐅᐦᐧᑯᐁᒋᒥᕽ ᑭᒪᑕᐱᓯᑦ ᐊᓂᕽᑲᐅᐣ
ᐃᑕᒉᐸᐁᑕᐱᔭ ᑕᑲ ᐅᐣᑐᐊᐧᐊᐧ ᐊᔭᑯᐦᑯᐣᐳᒧᔭ =

2) ᐁᑭᓀᐱᓯᕽ ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᔭ
ᑕᑲ ᐊᔭᐧᓴᓀᓀᑐᒥᐊ ᐣᐳᐦᐣ =

3) ᐅᐳᐦᑯᐁᑕᑭᕽ ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᔭ
ᑕᑲ ᐊᔭᐣᓴᑭᔭᐦᐱᐣᓯᐣᑐᑐᐊᐧᔭ =

4) ᐅᓀᑕᑐᒥᕽ ᓀᑐᓴᐸᐁᑕᐱᐃᓯᑦ ᑫ ᐁᓀᑲᑐᒥᕽ
ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᔭ ᑕᑲ ᐊᔭᑲᓂᐣᒋ
ᐅᒉᑐᑐᓴᒋᑕᑐᐦᐳᐊ =

5) ᑭᒪᐱᐱᒋᕽ ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᐊ
ᑕᑲ ᐊᔭᑲᒉᐳᑌᑭᒪᔭ =

6) ᑲᑕᐁᐸᐦᒐᐱᓯᕽ ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᐊ
ᑕᑲ ᐊᔭᐣᓴᓀᓴᔭ ᐊᐱᐣᑐᑐᑭ =

7) ᐁᓀᐣᒋᐣᑐᑐᑭᕽ ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᐊ
ᑕᑲ ᐊᔭᐣᓴᓂᑲᑕᔭ ᑭᓀᑦ ᐅᑯᓯᕽ =

8) ᐃᐣᑐᐠᓯᐣᑐᑐᐊᐧᐁᐧᕽ ᑭᓀᑦ ᐅᑕᒋᒧᐃᑲᑦ
ᐊᓂᕽᑲᐅᐣ ᐃᑕᒉᐸᐁᑕᐱᐊ ᑕᑲ
ᐊᔭᕽᐳᒧᔭ =

ᐊᒧᐢ ᑭᓀᑦ ᐅᒋᐳᐅᐦᓯᐢ ᐃᑌᓯᓂᐃᐱᐊ
ᓀᑐᓴᓯᓀᑭᑭᓯᑦ ᑫ ᐃᑲᑲᐁᑕᐱᐊ ᑲᑕᐅᐦᒋᑭᕽ =
ᐠᓯᐣᑐᐊ ᐃᐧᑯᒉᐃᒋᐣ ᑲᑯᐦᑌᑲᑭᒪᐦᓴ
ᑲᐦᑯᑕᒉᑐᑐᐦᓴ ᑭᓀᑦ ᐅᑯᐊ ᐣᐳᐦᐣ

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Laudetur Jesus Christus et Maria Immaculata. Amen – Jan 20/1921.